

sleep—for I shuddered to reflect that, upon awaking, I might find myself the tenant of a grave. And when, finally, I sank into slumber, it was only to rush at once into a world of phantasms, above which, with vast, sable, overshadowing wings, hovered, predominant, the one sepulchral Idea.

From the innumerable images of gloom which thus oppressed me in dreams, I select for record but a solitary vision. Methought I was immersed in a cataleptic trance of more than usual duration and profundity. Suddenly there came an icy hand upon my forehead, and an impatient, gibbering voice whispered the word "Arise!" within my ear.

I sat erect. The darkness was total. I could not see the figure of him who had aroused me. I could call to mind neither the period at which I had fallen into the trance, nor the locality in which I then lay. While I remained motionless, and busied in endeavors to collect my thought, the cold hand grasped me fiercely by the wrist, shaking it petulantly, while the gibbering voice said again:

"Arise! did I not bid thee arise?"

"And who," I demanded, "art thou?"

"I have no name in the regions which I inhabit," replied the voice, mournfully; "I was mortal, but am fiend. I was merciless, but am pitiful. Thou dost feel that I shudder. My teeth chatter as I speak, yet it is not with the chilliness of the night—of the night without end. But this hideousness is insufferable. How canst *thou* tranquilly sleep? I can not rest for the cry of these great agonies. These

sights are more than I can bear. Get thee up! Come with me into the outer Night, and let me unfold to thee the graves. Is not this a spectacle of woe?—Behold!"

I looked; and the unseen figure, which still grasped me by the wrist, had caused to be thrown open the graves of all mankind; and from each issued the faint phosphoric radiance of decay; so that I could see into the innermost recesses, and there view the shrouded bodies in their sad and solemn slumbers with the worm. But alas! the real sleepers were fewer, by many millions, than those who slumbered not at all; and there was a feeble struggling; and there was a general and sad unrest; and from out the depths of the countless pits there came a melancholy rustling from the garments of the buried. And of those who seemed tranquilly to repose, I saw that a vast number had changed, in a greater or less degree, the rigid and uneasy position in which they had originally been entombed. And the voice again said to me as I gazed:

"Is it not—oh! is it *not* a pitiful sight?" But, before I could find words to reply, the figure had ceased to grasp my wrist, the phosphoric lights expired, and the graves were closed with a sudden violence, while from out them arose a tumult of despairing cries, saying again: "Is it not—O, God, is it *not* a very pitiful sight?"

Phantasies such as these, presenting themselves at night, extended their terrific influence far into my waking hours. My nerves became thoroughly

unstrung, and I fell a prey to perpetual horror. I hesitated to ride, or to walk, or to indulge in any exercise that would carry me from home. In fact, I no longer dared trust myself out of the immediate presence of those who were aware of my proneness to catalepsy, lest, falling into one of my usual fits, I should be buried before my real condition could be ascertained. I doubted the care, the fidelity of my dearest friends. I dreaded that, in some trance of more than customary duration, they might be prevailed upon to regard me as irrecoverable. I even went so far as to fear that, as I occasioned much trouble, they might be glad to consider any very protracted attack as sufficient excuse for getting rid of me altogether. It was in vain they endeavored to reassure me by the most solemn promises. I exacted the most sacred oaths, that under no circumstances they would bury me until decomposition had so materially advanced as to render further preservation impossible. And, even then, my mortal terrors would listen to no reason—would accept no consolation. I entered into a series of elaborate precautions. Among other things, I had the family vault so remodelled as to admit of being readily opened from within. The slightest pressure upon a long lever that extended far into the tomb would cause the iron portals to fly back. There were arrangements also for the free admission of air and light, and convenient receptacles for food and water, within immediate reach of the coffin intended for my reception. This coffin was warmly and

softly padded, and was provided with a lid, fashioned upon the principle of the vault-door, with the addition of springs so contrived that the feeblest movement of the body would be sufficient to set it at liberty. Besides all this, there was suspended from the roof of the tomb, a large bell, the rope of which, it was designed, should extend through a hole in the coffin, and so be fastened to one of the hands of the corpse. But, alas! what avails the vigilance against the Destiny of man? Not even these well-contrived securities sufficed to save from the uttermost agonies of living inhumation, a wretch to these agonies foredoomed!

There arrived an epoch—as often before there had arrived—in which I found myself emerging from total unconsciousness into the first feeble and indefinite sense of existence. Slowly—with a tortoise gradation—approached the faint gray dawn of the psychal day. A torpid uneasiness. An apathetic endurance of dull pain. No care—no hope—no effort. Then, after a long interval, a ringing in the ears; then, after a lapse still longer, a prickling or tingling sensation in the extremities; then a seemingly eternal period of pleasurable quiescence, during which the awakening feelings are struggling into thought; then a brief re-sinking into nonentity; then a sudden recovery. At length the slight quivering of an eyelid, and immediately thereupon, an electric shock of a terror, deadly and indefinite, which sends the blood in torrents from the temples to the heart. And now the first positive effort to

think. And now the first endeavor to remember. And now a partial and evanescent success. And now the memory has so far regained its dominion, that, in some measure, I am cognizant of my state. I feel that I am not awaking from ordinary sleep. I recollect that I have been subject to catalepsy. And now, at last, as if by the rush of an ocean, my shuddering spirit is overwhelmed by the one grim Danger—by the one spectral and ever-prevalent idea.

For some minutes after this fancy possessed me, I remained without motion. And why? I could not summon courage to move. I dared not make the effort which was to satisfy me of my fate—and yet there was something at my heart which whispered me *it was sure*. Despair—such as no other species of wretchedness ever calls into being—despair alone urged me, after long irresolution, to uplift the heavy lids of my eyes. I uplifted them. It was dark—all dark. I knew that the fit was over. I knew that the crisis of my disorder had long passed. I knew that I had now fully recovered the use of my visual faculties—and yet it was dark—all dark—the intense and utter raylessness of the Night that endureth for evermore.

I endeavored to shriek; and my lips and my parched tongue moved convulsively together in the attempt—but no voice issued from the cavernous lungs, which, oppressed as if by the weight of some incumbent mountain, gasped and palpitated, with the heart, at every elaborate and struggling inspiration.

The movement of the jaws, in this effort to cry aloud, showed me that they were bound up, as is usual with the dead. I felt, too, that I lay upon some hard substance; and by something similar my sides were, also, closely compressed. So far, I had not ventured to stir any of my limbs—but now I violently threw up my arms, which had been lying at length, with the wrists crossed. They struck a solid wooden substance, which extended above my person at an elevation of not more than six inches from my face. I could no longer doubt that I reposed within a coffin at last.

And now, amid all my infinite miseries, came sweetly the cherub Hope—for I thought of my precautions. I writhed, and made spasmodic exertions to force open the lid: it would not move. I felt my wrists for the bell-rope: it was not to be found. And now the Comforter fled forever, and a still sterner Despair reigned triumphant; for I could not help perceiving the absence of the paddings which I had so carefully prepared—and then, too, there came suddenly to my nostrils the strong peculiar odor of moist earth. The conclusion was irresistible. I was *not* within the vault. I had fallen into a trance while absent from home—while among strangers—when, or how, I could not remember—and it was they who had buried me as a dog—nailed up in some common coffin—and thrust, deep, deep, and forever, into some ordinary and nameless *grave*.

As this awful conviction forced itself, thus, into the innermost chambers of my soul, I once again

struggled to cry aloud. And in this second endeavor I succeeded. A long, wild, and continuous shriek, or yell, of agony resounded through the realms of subterranean Night.

"Hillo! hillo, there!" said a gruff voice, in reply.

"What the devil's the matter now!" said a second.

"Get out o' that!" said a third.

"What do you mean by yowling in that ere kind of style, like a cattymount?" said a fourth; and hereupon I was seized and shaken without ceremony, for several minutes, by a junto of very rough-looking individuals. They did not arouse me from my slumber—for I was wide-awake when I screamed—but they restored me to the full possession of my memory.

This adventure occurred near Richmond, in Virginia. Accompanied by a friend, I had proceeded, upon a gunning expedition, some miles down the banks of the James River. Night approached, and we were overtaken by a storm. The cabin of a small sloop lying at anchor in the stream, and laden with garden mould, afforded us the only available shelter. We made the best of it, and passed the night on board. I slept in one of the only two berths in the vessel—and the berths of a sloop of sixty or seventy tons need scarcely be described. That which I occupied had no bedding of any kind. Its extreme width was eighteen inches. The distance of its bottom from the deck overhead was precisely the same. I found it a matter of exceeding difficulty to squeeze myself in. Nevertheless, I slept soundly; and the

whole of my vision—for it was no dream, and no nightmare—arose naturally from the circumstances of my position—from my ordinary bias of thought—and from the difficulty, to which I have alluded, of collecting my senses, and especially of regaining my memory, for a long time after awaking from slumber. The men who shook me were the crew of the sloop, and some laborers engaged to unload it. From the load itself came the earthy smell. The bandage about the jaws was a silk handkerchief in which I had bound up my head, in default of my customary nightcap.

The tortures endured, however, were indubitably quite equal, for the time, to those of actual sepulture. They were fearfully—they were inconceivably hideous; but out of Evil proceeded Good; for their very excess wrought in my spirit an inevitable revulsion. My soul acquired tone—acquired temper. I went abroad. I took vigorous exercise. I breathed the free air of Heaven. I thought upon other subjects than Death. I discarded my medical books. "Buchan" I burned. I read no "Night Thoughts"—no fustian about church-yards—no bugaboo tales—*such as this*. In short I became a new man, and lived a man's life. From that memorable night, I dismissed forever my charnel apprehensions, and with them vanished the cataleptic disorder, of which, perhaps, they had been less the consequence than the cause.

There are moments when, even to the sober eye of Reason, the world of our sad Humanity may as-

sume the semblance of a Hell—but the imagination of man is no Carathis, to explore with impunity its every cavern. Alas! the grim legion of sepulchral terrors can not be regarded as altogether fanciful—but, like the Demons in whose company Afrasiab made his voyage down the Oxus, they must sleep, or they will devour us—they must be suffered to slumber, or we perish.

THE DOMAIN OF ARNHEIM

The garden like a lady fair was cut,
That lay as if she slumbered in delight,
And to the open skies her eyes did shut.
The azure fields of Heaven were 'sembled right
In a large round set with the flowers of light.
The flowers de luce and the sparks of dew
That hung from their azure leaves did shew
Like twinkling stars that sparkle in the evening blue.

—Giles Fletcher

FROM his cradle to his grave a gale of prosperity bore my friend Ellison along. Nor do I use the word prosperity in its mere worldly sense. I mean it as synonymous with happiness. The person of whom I speak seemed born for the purpose of foreshadowing the doctrines of Turgot, Price, Priestley, and Condorcet—of exemplifying by individual instance what has been deemed the chimera of the perfectionists. In the brief existence of Ellison I fancy that I have seen refuted the dogma that in man's very nature lies some hidden principle, the antagonist of bliss. An anxious examination of his career has given me to understand that, in general, from the violation of a few simple laws of humanity arises the wretchedness of mankind—that as a species we have in our possession the as yet unwrought elements of content—and that, even now in the present darkness and madness of all thought on the great question of the social condition, it is not impossible that man, the individual, under certain