



THE  
LAW OF PSYCHIC PHENOMENA.

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CHAPTER I.

INTRODUCTORY.

Necessity of a Working Hypothesis. — The Newtonian Hypothesis. — The Atomic Theory. — A Psychological Hypothesis necessary. — Theories of Hypnotism and Mesmerism. — Spiritism. — Mental Therapeutics. — Liébault's Law of Suggestion. — Duality of Mind. — A Working Hypothesis for Psychology formulated. — Its Three Terms.

SUBSTANTIAL progress in any science is impossible in the absence of a working hypothesis which is universal in its application to the phenomena pertaining to the subject-matter. Indeed, until such an hypothesis is discovered and formulated, no subject of human investigation can properly be said to be within the domain of the exact sciences. Thus, astronomy, previous to the promulgation of Kepler's Laws and the formulation of the Newtonian hypothesis of gravitation, was in a state of chaos, and its votaries were hopelessly divided by conflicting theories. But the moment Newton promulgated his theorem a revolution began which eventually involved the whole scientific world. Astronomy was rescued from the domain of empiricism, and became an exact science. What the Newtonian hypothesis did for astronomy, the atomic theory has done for chemistry. It enables one



skilled in that science to practise it with a certainty of results in exact proportion to his knowledge of its principles and his skill in applying them to the work in hand. He knows that if he can combine hydrogen and oxygen, in the proportion of two atoms of the former to one of the latter, water will be the result. He knows that one atom, or part, of oxygen and one of carbon combined under heat will produce carbonic oxide, — a poisonous gas; that the addition of another atom, or part, of oxygen will produce carbonic anhydride (dioxide), — a harmless gas; and so on throughout the vast realm of chemical combinations.

The fact that the literal correctness of a given hypothesis is not demonstrable except by results, in no wise militates against its value in the domain to which it belongs. Indeed, it would cease to be a hypothesis the moment it were demonstrated. Newton's theorem is undemonstrable except from its results. Its correspondence, however, with every known fact, the facility with which astronomical calculations can be made, and the precision with which every result can be predicted, constitute a sufficient demonstration of its substantial correctness to inspire the absolute confidence of the scientific world. No one would hesitate to act in the most important concerns of life — nay, to stake his very existence — upon calculations based upon Newton's hypothesis. Yet there are not found wanting men who deny or doubt its abstract correctness. Volumes have been written to disprove it. But as no one has yet discovered a fact or witnessed a phenomenon outside of its domain, the world refuses to surrender its convictions. When such a fact is discovered, then, and not till then, will there arise a necessity for revising the "Principia." It is a trite and true saying that one antagonistic fact will destroy the value of the finest theory ever evolved.

It is equally impossible to demonstrate the abstract correctness of the atomic theory. An appeal to the evidence found in uniform results is all that is possible to one who would give a reason for the faith that is in him. No one ever saw, felt, tasted, or smelled

an atom. It is beyond the reach of the senses; nor is it at all probable that science or skill will ever be able to furnish instrumental aids capable of enabling man to take cognizance of the ultimate unit of matter. It exists for man only in hypothesis. Nevertheless, the fact remains, that in all the wide range of human investigation there is not a more magnificent generalization, nor one more useful to mankind in its practical results, than the atomic theory. Yet there are those who doubt its abstract correctness, and labor to disprove the existence of the atom. If the ultimate object of chemical science were to demonstrate the existence of the atom, or to seize it and harness it to the uses of mankind, it might be worth while to set the chemical fraternity right by demonstrating its non-existence. If the practice of chemistry on the basis of the theory were defective in its practical results, or failed in universal application, it would then be the duty of scientists to discard it entirely, and to seek a better working hypothesis.

The most that can be said of any scientific hypothesis is, that whether true in the abstract or not, everything happens just as though it were true. When this test of universality is applied, when no known fact remains that is unexplained by it, the world is justified in assuming it to be true, and in deducing from it even the most momentous conclusions. If, on the contrary, there is one fact pertaining to the subject-matter under investigation which remains outside the domain of the hypothesis, or which is unexplained by it, it is indubitable evidence that the hypothesis is unsafe, untrue, and consequently worthless for all practical purposes of sound reasoning. Thus, Sir Isaac Newton, after having formulated his theorem, threw it aside as worthless, for a time, upon making the discovery that the moon, in its relations with the earth, apparently did not come within the terms of his hypothesis. His calculations were based upon the then accepted estimate of the length of a degree of latitude. This estimate having been corrected by the careful measurements of Picard, Newton



revised his figures, and found that the supposed discrepancy did not exist. The last doubt in his mind having been thus set at rest, he gave to the world a theorem which rendered possible substantial progress in astronomical science.

In the field of psychological investigation a satisfactory working hypothesis has never been formulated. That is to say, no theory has been advanced which embraces all psychological phenomena. Many theories have been advanced, it is true, to account for the various classes of phenomena which have been observed. Some of them are very plausible and satisfactory — to their authors — when applied to a particular class of facts, but utterly fail when confronted with another class.

Thus, the students of the science of hypnotism are, and since the days of Mesmer have been, hopelessly divided into schools which wage war upon each other's theories, and dispute the correctness of each other's observations of facts. Mesmer's theory of fluidic emanations, which he termed "animal magnetism," seemed to account for the facts which he observed, and is still held to be substantially true by many votaries of this science. John Bovee Dods' electrical theory — positive lungs and negative blood — was sufficiently plausible in its day to attract many followers, as it afforded a satisfactory explanation of many phenomena which came under his observation. Braid's physiological explanation of certain classes of the phenomena afforded, in his time, much comfort to those who believe that there is nothing in man which cannot be weighed in a balance or carved with a scalpel. In our own day we find the school of the Salpêtrière, which holds that hypnotism is a disease of the nervous system, that its phenomena are explicable on physiological principles, that the suggestions of the operator play but a secondary rôle in their production, and that they can be produced, or successfully studied, only in diseased persons. On the other hand, the Nancy school of hypnotists holds that the science can be studied with profit only in perfectly healthy persons, and from a purely psy-

chological standpoint, and that suggestion is the all-potent factor in the production of all hypnotic phenomena. All three of the last-mentioned schools agree in ignoring the possibility of producing the higher phenomena of hypnotism, known as clairvoyance and thought-transference, or mind-reading; whilst the earlier hypnotists demonstrated both beyond the possibility of a reasonable doubt. Indeed, a committee of the ablest scientists of the Royal Academy of Medicine of France, after an investigation extending over a period of six years, reported that it had demonstrated the existence of such powers in the human mind.

Another large class of psychological phenomena, which has been productive of more conflicting theories than any other, and which from time immemorial has puzzled and appalled mankind, is by a large class of persons referred to the direct agency of the spirits of the dead. It would require a volume to catalogue the various theories which have been advanced to account for this class of phenomena, and when done it would serve no useful purpose. It is safe to say, however, that no two individuals, whether believers or unbelievers in the generic doctrine of spiritism, exactly agree as to the ultimate cause of the phenomena. The obvious reason is that no two persons have had exactly the same experience, or have observed exactly the same phenomena. In the absence of a working hypothesis applicable to all the infinite variety of facts observed, it follows that each investigator must draw his own conclusions from the limited field of his own experience. And when we take into consideration the important rôle which passion and prejudice ever play in the minds of men when the solution of an undemonstrable problem is attempted, it is easy to see that a bewildering hodge-podge of heterogeneous opinions is inevitable.

Another class of phenomena, about which an infinite variety of opinions prevails, may be mentioned under the general head of mental therapeutics. Under this generic title may be grouped the invocations of the gods by the Egyptian priests; the magic formulas of the disciples of Escula-



pius; the sympathetic powder of Paracelsus; the king's touch for the cure of goitre; the wonderful cures at the tomb of Deacon Paris and at Lourdes; the miraculous power supposed to reside in the relics of the saints; the equally miraculous cures of such men as Greatrakes, of Gassner, and of the Abbot Prince of Hohenlohe; and the no less wonderful healing power displayed by the modern systems known as mind cure, faith cure, Christian science, animal magnetism, and suggestive therapeutics.

One fact, pregnant with importance, pertains to all these systems; and that is that marvellous cures are constantly effected through their agencies. To the casual observer it would seem to be almost self-evident that, underlying all, there must be some one principle which, once understood, would show them to be identical as to cause and mode of operation. Yet we find as many conflicting theories as there are systems, and as many private opinions as there are individuals who accept the facts. Some of the hypotheses gravely put forth in books are so bizarre as to excite only the pity or the ridicule of the judicious. One notable example is found in that system, the basic theory of which is that matter has no existence, that nothing is real but mind, and that, consequently, disease and pain, suffering and death, are mere hallucinations of morbid intellects. Other theories there are, which, if not equally absurd, are probably equally remote from the truth; and each treats the persons as well as the opinions of the others with that virulent contumely which is the ever-present resort of him who would force upon his neighbor the acceptance of his own undemonstrable article of faith. Nevertheless, as before remarked, the fact remains that each of these systems effects some most wonderful results in the way of curing certain diseases.

What is true of the phenomena embraced under the general head of mental therapeutics is also true of the whole range of psychological phenomena; namely, the want of a working hypothesis which shall apply to all the facts that have been observed and authenticated.

No successful attempt has heretofore been made to supply this want; nor has success been possible until within a very recent period, for the simple reason that previous to the discovery of certain facts in psychological science, the scientific world was without the necessary data from which a correct hypothesis could be formulated. The researches of Professor Liébault in the domain of hypnotism, seconded by those of his pupil, Professor Bernheim, have resulted in discoveries which throw a flood of light upon the whole field of psychological investigation. Their field of observation being confined to hypnotism, and chiefly to its employment as a therapeutic agent, it is not probable that either of those eminent scientists realized the transcendent importance of their principal discovery, or perceived that it is applicable to psychological phenomena outside the domain of their special studies. The discovery is this: *that hypnotic subjects are constantly amenable to the power of suggestion; that suggestion is the all-potent factor in the production of all hypnotic phenomena.* This proposition has been demonstrated to be true beyond the possibility of a reasonable doubt. In subsequent chapters of this book it will be shown that this fact supplies the missing link in the chain of propositions necessary for a complete working hypothesis for the subject under consideration.

The general propositions applicable to all phases of psychological phenomena are here only briefly stated, leaving the minor, or subsidiary, propositions necessary for the elucidation of particular classes and sub-classes of phenomena to be stated under their appropriate heads.

The first proposition relates to the dual character of man's mental organization. That is to say, man has, or appears to have, two minds, each endowed with separate and distinct attributes and powers; each capable, under certain conditions, of independent action. It should be clearly understood at the outset that for the purpose of arriving at a correct conclusion it is a matter of indifference whether we consider that man is endowed with two distinct minds, or that his one mind possesses certain attributes and



powers under some conditions, and certain other attributes and powers under other conditions. It is sufficient to know that everything happens just as though he were endowed with a dual mental organization.

Under the rules of correct reasoning, therefore, I have a right to assume that MAN HAS TWO MINDS; and the assumption is so stated, in its broadest terms, as the first proposition of my hypothesis. For convenience I shall designate the one as the *objective* mind, and the other as the *subjective* mind. These terms will be more fully explained at the proper time.

The second proposition is, that THE SUBJECTIVE MIND IS CONSTANTLY AMENABLE TO CONTROL BY SUGGESTION.

The third, or subsidiary, proposition is, that THE SUBJECTIVE MIND IS INCAPABLE OF INDUCTIVE REASONING.



## CHAPTER II.

### DUALITY AND SUGGESTION.

The Doctrine of the Trinity of Man.—The Greek Philosophy.—The Early Christian Fathers.—Hermetic Philosophy.—Swedenborg.—Duality in Modern Philosophy.—“Objective” and “Subjective” Minds.—Their Distinctive Differences and Modes of Operation.—The Subjective Mind a Distinct Entity.—Illustrations from Hypnotism.—Suggestion.—Auto-Suggestion.—Universality of the Law of Suggestion.

THE broad idea that man is endowed with a dual mental organization is far from being new. The essential truth of the proposition has been recognized by philosophers of all ages and nations of the civilized world. That man is a trinity, made up of “body, soul, and spirit,” was a cardinal tenet in the faith of many ancient Greek philosophers, who thus clearly recognized the dual character of man’s mental or spiritual organization. Plato’s idea of terrestrial man was that he is a “trinity of soul, soul-body, and earth-body.” The mystic jargon of the Hermetic philosophers discloses the same general idea. The “salt, sulphur, and mercury” of the ancient alchemists doubtless refers to man as being composed of a trinity of elements. The early Christian Fathers confidently proclaimed the same doctrine, as is shown in the writings of Clement, Origen, Tatian, and other early exponents of Christian doctrine.

Indeed, it may be safely assumed that the conception of this fundamental truth was more or less clearly defined in the minds of all ancient philosophers, both Christian and pagan. It is the basis of their conception of God as a Trinity in his personality, modes of existence, and manifes-



tations, — a conception of which Schelling says: "The philosophy of mythology proves that a trinity of divine potentialities is the root from which have grown the religious ideas of all nations of any importance that are known to us."

In later times, Swedenborg, believing himself to be divinely inspired, declared that "There appertain to every man an internal man, a rational man, and an external man, which is properly called the natural man." Again, he tells us that there are three natures, or degrees of life, in man, — "the natural, the spiritual, and the celestial."

Of modern writers who accept the dual theory, Professor Wigan, Dr. Brown-Séguard, and Professor Proctor are notable examples. Numerous facts are cited by these writers, demonstrating the broad fact of duality of mind, although their theory of causation, based on cerebral anatomy, will not bear a moment's examination in the light of the facts of hypnotic science.

In more recent years<sup>1</sup> the doctrine of duality of mind is beginning to be more clearly defined, and it may now be said to constitute a cardinal principle in the philosophy of many of the ablest exponents of the new psychology.

Thousands of examples might be cited to show that in all the ages the truth has been dimly recognized by men of all civilized races and in all conditions of life. Indeed, it may be safely predicated of every man of intelligence and refinement that he has often felt within himself an intelligence not the result of education, a perception of truth independent of the testimony of his bodily senses.

It is natural to suppose that a proposition, the substantial correctness of which has been so widely recognized, must not only possess a solid basis of truth, but must, if clearly understood, possess a veritable significance of the utmost importance to mankind.

Hitherto, however, no successful attempt has been made

<sup>1</sup> Since the above was written, Du Prel's able and interesting work, entitled "The Philosophy of Mysticism," has appeared, in which the dual theory is demonstrated beyond question by reference to the phenomena of dreams.

to define clearly the nature of the two elements which constitute the dual mind; nor has the fact been recognized that the two minds possess distinctive characteristics. It is a fact, nevertheless, that the line of demarcation between the two is clearly defined; that their functions are essentially unlike; that each is endowed with separate and distinct attributes and powers; and that each is capable, under certain conditions and limitations, of independent action.

For want of a better nomenclature, I shall distinguish the two by designating the one as *objective*, and the other as *subjective*. In doing so the commonly received definitions of the two words will be slightly modified and extended; but inasmuch as they more nearly express my exact meaning than any others that occur to me, I prefer to use them rather than attempt to coin new ones.

In general terms the difference between man's two minds may be stated as follows: —

The objective mind takes cognizance of the objective world. Its media of observation are the five physical senses. It is the outgrowth of man's physical necessities. It is his guide in his struggle with his material environment. Its highest function is that of reasoning.

The subjective mind takes cognizance of its environment by means independent of the physical senses. It perceives by intuition. It is the seat of the emotions, and the storehouse of memory. It performs its highest functions when the objective senses are in abeyance. In a word, it is that intelligence which makes itself manifest in a hypnotic subject when he is in a state of somnambulism.

In this state many of the most wonderful feats of the subjective mind are performed. It sees without the use of the natural organs of vision; and in this, as in many other grades, or degrees, of the hypnotic state, it can be made, apparently, to leave the body, and travel to distant lands and bring back intelligence, oftentimes of the most exact and truthful character. It also has the power to read the thoughts of others, even to the minutest details; to read the contents of sealed envelopes and of closed books. In short, it is the subjective mind that possesses what is popularly



designated as clairvoyant power, and the ability to apprehend the thoughts of others without the aid of the ordinary, objective means of communication.

In point of fact, that which, for convenience, I have chosen to designate as the subjective mind, appears to be a separate and distinct entity; and the real distinctive difference between the two minds seems to consist in the fact that the "objective mind" is merely the function of the physical brain, while the "subjective mind" is a distinct entity, possessing independent powers and functions, having a mental organization of its own, and being capable of sustaining an existence independently of the body. In other words, it is the soul. The reader would do well to bear this distinction clearly in mind as we proceed.

One of the most important, as well as one of the most striking, points of difference between the two minds, relates to the subject of suggestion. It is in this that the researches of the modern hypnotists give us the most important aid. Whether we agree with the Paris school in giving to suggestion a secondary place among the causes of hypnotic phenomena, or with the Nancy school in ascribing all the phenomena to the potentiality of suggestion, there can be no doubt of the fact that when suggestion is actively and intelligently employed, it is always effective. The following propositions, therefore, will not be disputed by any intelligent student of hypnotism:—

1. That the objective mind, or, let us say, man in his normal condition, is not controllable, against reason, positive knowledge, or the evidence of his senses, by the suggestions of another.
2. That the subjective mind, or man in the hypnotic state, is unqualifiedly and constantly amenable to the power of suggestion.

That is to say, the subjective mind accepts, without hesitation or doubt, every statement that is made to it, no matter how absurd or incongruous or contrary to the objective experience of the individual. If a subject is told that he is a dog, he will instantly accept the suggestion, and, to the limit of physical possibility, act the part

suggested. If he is told that he is the President of the United States, he will act the part with wonderful fidelity to life. If he is told that he is in the presence of angels, he will be profoundly moved to acts of devotion. If the presence of devils is suggested, his terror will be instant, and painful to behold. He may be thrown into a state of intoxication by being caused to drink a glass of water under the impression that it is brandy; or he may be restored to sobriety by the administration of brandy, under the guise of an antidote to drunkenness. If told that he is in a high fever, his pulse will become rapid, his face flushed, and his temperature increased. In short, he may be made to see, hear, feel, smell, or taste anything, in obedience to suggestion. He may be raised to the highest degree of mental or physical exaltation by the same power, or be plunged by it into the lethargic or cataleptic condition, simulating death.

These are fundamental facts, known and acknowledged by every student of the science of hypnotism. There is another principle, however, which must be mentioned in this connection, which is apparently not so well understood by hypnotists generally. I refer to the phenomenon of auto-suggestion. Professor Bernheim and others have recognized its existence, and its power to modify the results of experiments in one class of hypnotic phenomena, but apparently have failed to appreciate its full significance. It is, in fact, of coextensive importance with the general principle, or law, of suggestion, and is an essential part of it. It modifies every phenomenon, and sometimes seems to form an exception to the general law. Properly understood, however, it will be seen, not only to emphasize that law, but to harmonize all the facts which form apparent exceptions to it.

The two minds being possessed of independent powers and functions, it follows as a necessary corollary that the subjective mind of an individual is as amenable to the control of his own objective mind as to the objective mind of another. This we find to be true in a thousand ways. For instance, it is well known that a person cannot be hypno-



tized against his will. As the hypnotic condition is usually induced by the suggestion of the operator, his failure is due to the contrary auto-suggestion of the subject. Again, if the subject submits to be hypnotized, but resolves beforehand that he will not submit to certain anticipated experiments, the experiments are sure to fail. One of the finest hypnotic subjects known to the writer would never allow himself to be placed in a position before a company which he would shrink from in his normal condition. He was possessed of a remarkable dignity of character, and was highly sensitive to ridicule; and this sensitiveness stepped in to his defence, and rendered abortive every attempt to cause him to place himself in a ridiculous attitude. Again, if a hypnotic subject is conscientiously opposed to the use of strong drink, no amount of persuasion on the part of the operator can induce him to violate his settled principles. And so on, through all the varying phases of hypnotic phenomena, auto-suggestion plays its subtle rôle, often confounding the operator by resistance where he expected passive obedience. It does not militate against the force of the rule that suggestion is the all-controlling power which moves the subjective mind. On the contrary, it confirms it, demonstrates its never-failing accuracy. It shows, however, that the stronger suggestion must always prevail. It demonstrates, moreover, that the hypnotic subject is not the passive, unreasoning, and irresponsible automaton which hypnotists, ancient and modern, have believed him to be.

As this is one of the most important branches of the whole subject of psychological phenomena, it will be more fully treated when the various divisions of the subject to which the principle is applicable are reached. In the mean time, the student should not for a moment lose sight of this one fundamental fact, that the subjective mind is always amenable to the power of suggestion by the objective mind, either that of the individual himself, or that of another who has, for the time being, assumed control.



### CHAPTER III.

#### REASONING POWERS OF THE TWO MINDS DIFFERENTIATED.

The Subjective Mind incapable of Inductive Reasoning. — Its Processes always Deductive or Syllogistic. — Its Premises the Result of Suggestion. — Illustrations by Hypnotism. — Hypnotic Interview with Socrates. — Reasons from an Assumed Major Premise. — Interview with a Philosophic Pig. — The Pig affirms the Doctrine of Reincarnation. — Dogmatism of Subjective Intelligence. — Incapable of Controversial Argument. — Persistency in following a Suggested Line of Thought.

ONE of the most important distinctions between the objective and subjective minds pertains to the function of reason. That there is a radical difference in their powers and methods of reasoning is a fact which has not been noted by any psychologist who has written on the subject. It is, nevertheless, a proposition which will be readily conceded to be essentially true by every observer when his attention is once called to it. The propositions may be briefly stated as follows:—

1. The objective mind is capable of reasoning by all methods, — inductive and deductive, analytic and synthetic.
2. The subjective mind is incapable of inductive reasoning.

Let it here be understood that this proposition refers to the powers and functions of the purely subjective mind, as exhibited in the mental operations of persons in a state of profound hypnotism, or trance. The prodigious intellectual feats of persons in that condition have been a source of amazement in all the ages; but the striking peculiarity noted above appears to have been lost sight of in admiration of