

# Bodyline



hike or something. I mean, I'm outdoors all the time. I love it, and I consider all of it fitness, even though it doesn't always seem like it."

Acting aside, Hilary admits preparing for the film took hard work. "To be honest, I knew the physical side would be pretty tough, but I also knew I'd get a lot of training." And train she did. It started with two hours every day, then went to three, and finally up to five and provided a mix of strength training, cardiovascular work, and a

"I know how to do everything. I can't stand it when girls act like they can't throw a ball or climb a tree or hike or something."

lot of coordination exercises. "There were pull-ups, push-ups, sit-ups, and everything you could do on a bar," says Hilary. "At first I was so sore I hurt in places I never knew I had muscles. The training literally put me in the best shape I've ever been in."

For the time being, Hilary is trying to keep herself busy until she finds another project she can feel passionate about. "It was really exciting to work on such a big film," she says. "I was involved in the whole thing because I was in almost every scene." But finding another great role will take time, and Hilary knows it's a matter of poring through scripts until the right one "hits." Or until she hits it, as the case may be. —Malissa Thompson

### Task 1

After reading the text *Bodyline, she gets her kicks*, write the main idea of each paragraph in your own words.

Paragraph	Main Idea
1	
2	
3	
4	
5	
6	

### Task 2

The writer has a sympathetic attitude toward Hilary Swank. "*Hilary Swank is the new Karate Kid, and she is ready to fly higher than ever on the silver screen.*"

Questions: What is Hilary's opinion about:

- a) girls? \_\_\_\_\_
- b) life in general? \_\_\_\_\_
- c) the movie? \_\_\_\_\_
- d) training? \_\_\_\_\_



Pair work

What do you think about organizing a Martial Arts Club?  
Ask your physical teacher for more information about:

- a the difference between: karate, tai chi and judo.
- b the appropriate clothing for each one.
- c the number of people in a team.
- d the amount of hours a day you should practice.
- e becoming a champion.

**Skill: Connectors**

Task 1

In the space, indicate whether the relationship between the idea is one of:

addition, contrast, consequence or cause.

Example:

"Daniel, the original Karate Kid played by Ralph Macchio may have been endearing, **but** Hilary is smart **and** she's not afraid to speak her mind."

↑ contrast                      ↑ addition

- 1 "Tai chi: A Chinese technique that's based on using your internal energy. It's graceful, done in slow motion, **and** used more for spirituality **and** stress reduction than for sport or exercise." \_\_\_\_\_
- 2 "I'm an athlete, **so** in this way I can play baseball, soccer or football." \_\_\_\_\_
- 3 "During the exercises I was **also** very sore. I was hurt, I never knew I had muscles." \_\_\_\_\_
- 4 "My health is very good **because** I'm outdoors all the time." \_\_\_\_\_
- 5 "I had to practice two hours every day, **then** went to three and finally to five." \_\_\_\_\_
- 6 "I love it, and I consider all of it fitness, **even though** it doesn't always seem like it." \_\_\_\_\_
- 7 "I was involved in the whole thing **because** I was in almost every scene. **But** finding another great role will take time." \_\_\_\_\_
- 8 "Karate: Often used as a generic term describing styles of unarmed combat. Use of hand and foot techniques, **so** the karateca can use it to attack **as well as** defend." \_\_\_\_\_
- 9 "Acting aside, she admits preparing for the film took hard work, **although** she knew the physical side would be pretty tough." \_\_\_\_\_
- 10 "What makes this story worthwhile is that it spends more time on the emotional transformation the character takes than on the physical one, **because** it's an inner journey, not a bloodfest." \_\_\_\_\_

**Clearing it up**

Table A:

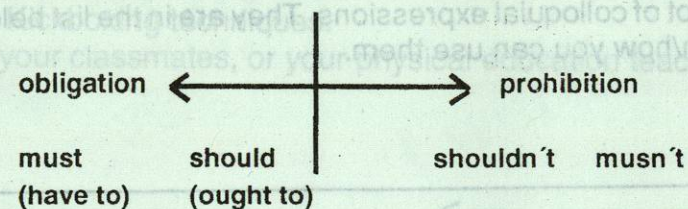


Table B:

<u>Positive certainty</u>	<u>possibility</u>	<u>negative certainty</u>
will	might (could)	won't (will not)

Task

Complete with the most suitable modal auxiliary.

Example:

If Hilary Swank wants to be considered as a pro star, she **must** prove that her nomination was not a fluke.

- 1 She's not quite sure, but she \_\_\_\_\_ be nominated for another film.
- 2 Although she is a female, she \_\_\_\_\_ practice like any male karate expert.
- 3 Since she has spent her life doing all kinds of sweaty outdoor exercises, she \_\_\_\_\_ be fit for the movie.
- 4 To be worthwhile, this story \_\_\_\_\_ spend more time on the emotional transformation of the character than on the physical one.
- 5 The writer's prediction about this situation is that Hilary \_\_\_\_\_ need time to find another project she can feel passionate about.
- 6 You \_\_\_\_\_ start strenuous karate activities without warming-up.
- 7 After years of karate practice, you \_\_\_\_\_ get the black belt.
- 8 Hilary Swank \_\_\_\_\_ become famous through the silver screen.
- 9 In the film Mr. Miyagi (Pat Morita) \_\_\_\_\_ teach Julie (Hilary) the philosophy of martial arts.
- 10 For her any girl \_\_\_\_\_ at least be able to throw a ball or climb a tree.



**Words at work**

**Task 1**

The first part of this text has a lot of colloquial expressions. They are in the list below. Try to find out what they mean and when/how you can use them.

1 "a big, bad dude"

2 "totally down-to-earth"

3 "a nothing-can-get-me-down smile"

4 "not at all faze"

5 "the latest flick"

6 "is not a fluke"

7 "a bloodfest"

8 "with a little attitude"

9 "a big pain in the butt"

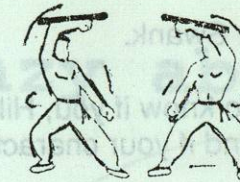
10 "(not) interested in faking it"

11 "a tomboy"

**Task 2**

Here are some definitions of Eastern martial arts techniques. Read them carefully. Describe Karate and Kickboxing techniques.

Ask your classmates, or your physical education teacher.



- \* **Tai kwon do:** Technique that uses offensive and defensive moves, with an emphasis on kicking.
- \* **Tai chi:** A Chinese technique that's based on using your internal energy. It's graceful, done in slow motion, and used more for spirituality and stress reduction than for sport or exercise.
- \* **Judo:** A technique that is 100 per cent defensive, using grabbing and holding moves, as opposed to kicking and striking. An Olympic sport, it is very competitive and most resembling wrestling.
- \* **Kendo:** "The way of the sword." It is a Japanese Martial-art form that can be linked to Western fencing.
- \* **Karate:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_
- \* **Kickboxing:** \_\_\_\_\_  
 \_\_\_\_\_  
 \_\_\_\_\_



Task 3

Writing (pair work).

One of you is going to work like Hilary Swank and another one like the reporter of China News. Write the questions and answers.

Interview: China News to Hilary Swank.

In China we are interested to know if you, Hilary Swank, develop both sides of martial arts: Physical and mental, and if your character was transformed because of the film "Karate Kid."

Your teacher advises you to:

- \* Greet Miss Swank.
- \* Tell her you are a reporter from China News.
- \* Ask her about other aspects from China, besides martial arts, she knows.
- \* Ask her if she has ever been in China and for how long, or if she would like to go.
- \* Ask her about the amount of time she has devoted to martial arts.
- \* Ask her if she plans to become a *sensei* or an actress.
- \* Wish her good luck and ask her to send a message to China News readers.
- \* Thank her for her time.

# 4 Love

## Fall in love

Forever 


I will always love you  Lost love

I'm crazy about you!


Prisoner of love

True love

I will never forget you

Be mine! 

Heartbroken

Be my Valentine 

Love is blind

Fall out of love

stick the photo of your beloved one