

Cook in his second expedition as sailing-master of the "Resolution," and in 1787 was despatched to the Pacific in command of H.M.S. "Bounty," for the purpose of introducing into the West Indies the bread-fruit tree from the South Sea Islands. Bligh sailed, in 1787, from Otaheite, where he had remained about six months; but, when near the Friendly Islands, a mutiny broke out on board the "Bounty," headed by Fletcher Christian, the master's mate, and Bligh, with eighteen others, was set adrift in the launch. This mutiny, which forms the subject of Byron's *Island*, did not arise so much from tyranny on the part of Bligh as from attachments contracted between the seamen and the women of Otaheite. After suffering severely from hunger, thirst, and storms, Bligh and his companions landed at Timor in the East Indies, having performed a voyage of about 4000 miles in an open boat. Bligh returned to England in 1790, and he was soon afterwards appointed to the "Providence," in which he effected the purpose of his former appointment by introducing the bread-fruit tree into the West India Islands. He showed great courage at the mutiny of the Nore in 1797, and in the same year took part in the battle of Camperdown, where Admiral Duncan defeated the Dutch under De Winter. In 1801 he commanded the "Glatton" at the battle of Copenhagen, and received the personal commendations of Nelson. He was subsequently made governor of New South Wales, and vice-admiral of the blue. He died at London in 1817. He was an active, persevering, and courageous officer, although, perhaps, somewhat exacting in his manner.

**BLIND.** The blind, as a class, are limited to such narrow spheres of action that those unacquainted with the subject fail to realize how large a number of the human race are deprived of sight. In the temperate regions of the globe about 1 in every 1000 of the population is blind, but in less favourable climates the percentage is much greater. When we consider what medical skill has already accomplished in Europe and America, not only for the relief but the positive prevention of blindness, we may readily conclude that in warmer and less civilized countries the class is more numerous and their condition more deplorable.

We rejoice that much can still be done by proper care and treatment to prevent blindness; for instance, ophthalmia of infants is a very common cause, and ought not to terminate in loss of sight, which in most cases results from neglect and dirt. Glaucoma is also a fruitful source of blindness, invariably causing loss of sight if left to itself; but, thanks to Professor Gräfe's brilliant discovery, these cases are generally curable if operated on early. Another very common cause of blindness is serious injury to one eye, which is thus lost, and if the injured organ be not at once removed, sympathetic inflammation and destruction of the other is very apt to follow, resulting in total blindness; whereas, if the injured eye be at once removed the other is generally preserved.

Loss of sight from small-pox is now comparatively rare, owing to the general practice of vaccination, but much undoubtedly may still be done towards diminishing the frequency of blindness by further advances in the art of treating eye-disease, and especially by spreading among all classes a knowledge of what has already been done in this direction.

It often occurs that children become blind through the most trivial causes by parents consulting unskilful practitioners. The improvement and increase in the number of well-regulated hospitals now makes it possible for every parent, however poor, to have the best medical advice and attendance.

In all ages of the world the blind have been the objects of pity and commiseration, yet it has only been within the

past century that Christian civilization in its grand onward march has taken them in its embrace, and shed the influence of its light upon their midnight darkness. During recent years leading philanthropists have given much earnest thought to the best methods of ameliorating and improving the condition of the blind. Nearly all the European Governments and the States of the American Union have made liberal provision for their education and special training. In Great Britain the work has been left thus far to charitable enterprise. Much, however, has been done,—almost every large town having its asylum, workshop, or home teaching society.

The following summary, from *A Guide to Institutions and Charities for the Blind*, prepared by M. Turner and W. Harris in 1871, will show the state of these institutions at a recent date:—

"In the year 1800 there were only four institutions for the blind in the United Kingdom; during the next thirty years six others were added to the list; in the succeeding thirty years seventeen more were opened; while within the last ten years twenty new ones have been established, making a total now of fifty-three, without including societies for visiting the blind at their homes, and other charities.

Scotland with five institutions sold, in the last year of which we have any report, goods of the value of £21,930, while England with forty institutions only sold in the same period goods of the value of £33,598; and Ireland, only £454.

Scotland provides for, on an average, 78 blind in each institution; while England only provides for 43, and Ireland for 60.

The donations and subscriptions in Scotland for the same year amount to more than £20 per head of the number benefited; while in England they amount to about £21, and in Ireland to about £16.

So far as returns have reached us, it appears that Mr Moon's system of reading for the blind is adopted by 38 institutions and home-teaching societies, while only 22 use the books of other systems—Lucas's, 7; Roman, 4; Alston's, 4; Frere's, 3; Braille, 4. [Since 1871 the use of Braille has been introduced into many other institutions.]

Of the 30,000 blind in the United Kingdom, there are only about 2250 being instructed or assisted to work. The total amount received per annum for the benefit of the blind, according to the answers received, is about £66,000; besides, there are twelve societies from which no return has been made. Of institutions for the blind generally, we may remark that in each institution nearly the same difficulties appear to exist, the principal one being the difficulty of selling the goods manufactured at such prices as will secure a ready sale and cover the cost of production, and consequently in most instances there is a large surplus stock. In cases where the stock is wholly disposed of, our observations lead us to think that sales have been secured by selling at a loss.

The principal trades practised by the blind in the United Kingdom are the making of baskets, brushes, brooms, mattresses, rugs, mats, caning of chairs, with knitting and sewing for women."

Within a few years a great impetus has been given in England to the higher education of the blind, by the formation of the British and Foreign Blind Association, the establishment of the College for the Blind Sons of Gentlemen at Worcester, and the Royal Normal College and Academy of Music for the Blind, Upper Norwood.

The first-mentioned association "has been formed for the purpose of promoting the education and employment of the blind, by ascertaining what has been done in these respects in this and other countries, by endeavouring to supply deficiencies where these are found to exist, and by attempting to bring about greater harmony of action between the different existing schools and institutions.

"The founders of the association took as an axiom that in all questions which relate to obtaining impressions by touch the blind are the best judges; the council of the association therefore consists entirely of gentlemen who are either blind, or so nearly so that they have to use the finger instead of the eye for the purpose of reading.

"One main difficulty in the way of educating the young blind is the great cost of most of the appliances; this the council have endeavoured to meet by the manufacture of cheaper and better apparatus than any hitherto in use.

No one who has not made the attempt can have any idea of the extreme difficulty of combining great accuracy and durability with cheapness. This has been in a great measure accomplished as regards the Braille writing frames, which are now within the reach of every blind person who wishes to avail himself of the advantages of writing. The fact that a large number of these frames has been already sold speaks for itself, and, as the great majority of the purchasers are poor, the quick sale is evidence not only of the cheapness of the frames, but also of the widespread desire for self-education existing among the blind.

"Another obstacle to the diffusion of the knowledge of the Braille system has been the absence of printed books in English. With the view of meeting this want one of the council has perfected the process of stereotyping used in France, by which the cost of production of stereotype plates is greatly reduced; and as the blind can themselves produce these plates, a new and remunerative means of employment has been discovered. Some school books have already been issued by the association, and will shortly be followed by others. The work on the *Education and Employment of the Blind*, by the honorary secretary, has been published under the sanction and at the expense of the association."

The following extract from an address delivered by the honorary secretary before the Society of Arts on the various types for the blind, shows how thoroughly they are investigating the subject:—

"The happy idea of printing on paper letters recognizable by the touch is due to M. Haüy of Paris, who printed his first book in 1784, and founded the Institut des Jeunes Aveugles, Paris. The type he adopted was the script, or Italic form of the Roman letter. This was introduced into England by the present Sir C. Lowther, who printed the gospel of St Matthew in 1832 with type obtained from Paris, and followed it with other portions of the Bible. In 1834, Gall, of Edinburgh, printed the gospel of St John in Roman capitals, in which, however, all curves were replaced by angular lines, and the lines themselves were serrated, which changes, he believed, gave greater distinctness to the letter.

Alston, of Glasgow, adopted Fry's plan of using ordinary Roman capitals. Dr Howe, of Boston, U.S., makes use of the small Roman letters, giving them angularity according to Gall's idea.

The Philadelphia type does not differ much from Alston's. The combination of capitals with small letters has also been tried, and a society has recently been formed at Worcester with the intention of printing on a large scale in this type. In Germany various modifications of the Roman letter exist, the principal of which, the so-called Stachelschrift of Stuttgart, consists of Roman capitals formed by finely dotted lines. All these modifications are suggestive of the strong tendency among those who have attempted to benefit the blind to retain for them the form of letter to which the seeing are accustomed, while the constant change of form indicates a fact with which most blind persons are familiar from personal experience, viz., that none of these modifications are satisfactory as to the primary condition of being easily felt. A better form than any which has obtained currency was suggested twenty years ago by Mr Welch, a blind man, who has been the pioneer of education amongst the blind of London, and this is almost identical with one independently worked out by Mr Littledale of Cheltenham.

The second great class is made up of alphabets deviating more or less widely from the Roman letter, and consists of a stenographic shorthand invented by Mr Lucas, a phonetic shorthand due to Mr Frere, and a full written system introduced by Mr Moon, in which the Roman letter is retained in a more or less modified form whenever he considered this could be done compatibly with easy recognition, the simple line-signs employed by Mr Frere being used to replace the more complicated of the Roman letters. It will be necessary to examine these systems in detail, and it will facilitate this examination if we compare them with each other in the following particulars:—(a.) As respects the shape of the letter; (b.) As respects the advantage of conformity with the Roman letter; (c.) As regards the reading from right to left and from left to right alternately; (d.) Advantage of a shorthand as contrasted with a full written system.

(a.) *As respects the shape of the letter.*—Mr Lucas and Mr Frere brought out their systems about the year 1838, Lucas preceding Frere by a few months. They employed at first almost identically the same characters, but unfortunately could not agree to represent the same sound by the same symbol. Mr Frere had the advantage

or having his plan carried out by a very ingenious and sensible blind man, who soon discovered that the letters formed by lines and curves upon which dots were placed were too similar to those formed by the corresponding lines and curves without dots; he, therefore, changed all his dotted characters, replacing the dotted curves by angles of 45°, and the dotted lines by lines in which a short line is substituted for the dot.

The result of this change is, that Frere's character is now far superior to Lucas's in the quality of easy recognition. Mr Moon's character, in the large size which is used by him, is quite as easily distinguishable as Frere's, but in the form in which he now prints his characters, his right-angles are not true right-angles, but are rounded. In the size which he uses, this defect is of very little importance, but it effectually prevents any considerable diminution, because, if this is attempted, the rounded right-angles cannot be distinguished from the hooked lines.

The importance of using a character as small as is compatible with easy recognition may be readily understood from the following statement:—The largest type used by Mr Frere is that employed in the gospel of St John. The character is 44-sixteenths of an inch long, and is about the same size as Moon's character. The pages occupied by the gospel of St John in Frere are 96. In his medium type, in which the length of the letter is 4-sixteenths of an inch, the same matter would go into 67 pages; and in his smallest type, in which the length of the letter is 34-sixteenths, it would occupy 46 and a third pages. It has been found, by an experience extending over 27 years, and embracing many hundreds of individuals of all ages and conditions, that all those who can read the largest type can read the medium, and almost all can read the smallest.

The medium type is very generally preferred, as being more pleasant to the finger, and many with delicate touch prefer the smallest for the same reason. Thus it will be seen that, by selecting a well-devised character, not only can a very considerable saving be made in the size, and therefore in the cost of books, but by a diminution of size, within certain limits, the character is rendered absolutely more legible. The gospel of St John, in Moon's type, occupies 140 pages.

(b.) *As respects the advantage of conformity with the Roman letter.*—Much has been said and written on this subject. A favourite argument with the advocate of the Roman letter is, that by its use a blind man can be assisted in his reading by those around him who are possessed of sight. This, no doubt, would be valid if no simpler character for the blind had been invented, but when we have to choose between a character in the reading of which the blind can be assisted by the seeing, and one which is so simple that no assistance is required, there can hardly be a doubt as to which ought to be used.

Another plea for the use of the Roman letter is, that by its means the blind can write in a character understood by everybody. This writing is, as we shall presently see, a very imperfect process; but this argument is undoubtedly of some weight. These remarks apply simply to the existing systems in which the Roman letter is employed. It is probable that a much more legible alphabet might be constructed, but, after our 96 years of experience and experiments with the Roman letter, another failure may well be feared. The small angularized Roman letter of Dr Howe, of Boston, which is used in most of the schools of the United States, is probably as good a form as any, and if printed in a larger size would not be difficult to feel; in its present size, however, it is far too small, and has signally failed in America. The American schools are all State institutions, and have to furnish accounts to their respective State Legislatures of the work done by them.

Out of 664 pupils in seven schools, where the Roman character of Dr Howe is used, one-third learn to read fluently, one-third by spelling, while none fail; and it must be borne in mind that those who learn to read by this system also acquire an admirable method of writing. Moon's system retains those Roman letters which can be easily distinguished, and thus makes a transition between the systems in which the Roman character is used and those which employ purely arbitrary signs. For this reason, and from its great simplicity of construction, it is more easily learned than any other, and therefore is well suited to the great mass of the poor, who from want of intelligence or of application cannot learn one of the shorthand systems. Its great bulk, however, involving costliness of production and comparative slowness of reading, is a serious obstacle to its general use.

(c.) *Reading from left to right, and from right to left, alternately.*—In Frere's system the lines are read from left to right, and from right to left, alternately, an arc of a circle taking the finger from the end of the upper to the beginning of the lower line. The plan may be illustrated by imagining the letters to be fixed on the upper edge of a long string. Let it be supposed that this string is doubled backwards and forwards upon itself in such a way that the letters always occupy its upper edge. This will give a good idea of Frere's method of reversing the line; not only is the line reversed, but every letter in it is also reversed, so that the finger, when

