

arytenoids. The ulcers may erode the true cords and finally destroy them, and passing deeply may cause perichondritis with necrosis and occasionally exfoliation of the cartilages. The disease may extend laterally and involve the pharynx, and downward over the mucous membrane covering the cricoid cartilage toward the œsophagus. Above, it may reach the posterior wall of the pharynx, and in rare cases extend to the fauces and tonsils. The epiglottis may be entirely destroyed. There are rare instances in which cicatricial changes go on to such a degree that stenosis of the larynx is induced, a remarkable specimen of which I saw some years ago with J. Solis-Cohen.

Symptoms.—The first indication is slight huskiness of the voice, which finally deepens to hoarseness, and in advanced stages there may be complete loss of voice. There is something very suggestive in the early hoarseness of tuberculous laryngitis. My attention has frequently been directed to the lungs simply by the quality of the voice.

The cough is in part due to involvement of the larynx. Early in the disease it is not very troublesome, but when the ulceration is extensive it becomes husky and ineffectual. Of the symptoms of laryngeal tuberculosis, none is more aggravating than the dysphagia, which is met with particularly when the epiglottis is involved, and when the ulceration has extended to the pharynx. There is no more distressing or painful complication in phthisis. In instances in which the epiglottis is in great part destroyed, with each attempt to take food there are distressing paroxysms of cough, and even of suffocation.

With the laryngoscope there is seen early in the disease a pallor of the mucous membrane, which also looks thickened and infiltrated, particularly that covering the arytenoid cartilages. The tuberculous ulcers are very characteristic. They are broad and shallow, with gray bases and ill-defined outlines. The vocal cords are infiltrated and thickened, and ulceration is very common.

The diagnosis of tuberculous laryngitis is rarely difficult, as it is usually associated with well-marked pulmonary disease. In case of doubt some of the secretion from the base of an ulcer should be removed and examined for bacilli.

Treatment.—Physicians pay scarcely sufficient attention to the laryngeal complications of consumption. The ulcers should be sprayed and kept thoroughly cleansed. Solutions of tannic acid, nitrate of silver, or sulphide of zinc may be employed. The insufflation, two or three times a day, of a powder of iodoform, with morphia, after thoroughly cleansing the ulcers with a spray, relieves the pain in a majority of the cases. Cocaine (four per cent solution) applied with the atomizer will often enable the patient to swallow his food comfortably. There are, however, distressing cases of extensive laryngeal and pharyngeal ulceration in which even cocaine loses its good effects. When the epiglottis is lost the difficulty in swallowing becomes very great. Wolfenden states that this may be obvi-

ated if the patient hangs his head over the side of the bed and sucks milk through a rubber tubing from a mug placed on the floor.

VII. SYPHILITIC LARYNGITIS.

Syphilis attacks the larynx with great frequency. It may result from the inherited disease or be a secondary or tertiary manifestation of the acquired form.

Symptoms.—In secondary syphilis there is occasionally erythema of the larynx, which may go on to definite catarrh, but has nothing characteristic. The process may proceed to the formation of superficial whitish ulcers, usually symmetrically placed on the cords or ventricular bands. Mucous patches and condylomata are rarely seen. The symptoms are practically those of slight loss of voice with laryngeal irritation, as in the simple catarrhal form.

The tertiary laryngeal lesions are numerous and very serious. True gummata, varying in size from the head of a pin to a small nut, develop in the submucous tissue most commonly at the base of the epiglottis. They go through the changes characteristic of these structures and may either break down, producing extensive and deep ulceration, or—and this is more characteristic of syphilitic laryngitis—in their healing form a fibrous tissue which shrinks and produces stenosis. The ulceration is apt to extend deeply and involve the cartilage, inducing necrosis and exfoliation, and even hæmorrhage from erosion of the arteries. Edema may suddenly prove fatal. The cicatrices which follow the sclerosis of the gummata or the healing of the ulcers produce great deformity. The epiglottis, for instance, may be tied down to the pharyngeal wall or to the epiglottic folds, or even to the tongue; and eventually a stenosis results, which may necessitate tracheotomy.

The laryngeal symptoms of inherited syphilis have the usual course of these lesions and appear either early, within the first five or six months, or after puberty; most commonly in the former period. Of 76 cases, J. N. Mackenzie found that 63 occurred within the first year. The gummatous infiltration leads to ulceration, most commonly of the epiglottis and in the ventricles, and the process may extend deeply and involve the cartilage. Cicatricial contraction may also occur.

The diagnosis of syphilis of the larynx is rarely difficult, since it occurs most commonly in connection with other symptoms of the disease. For special details the manuals of laryngology should be consulted.

Treatment.—The administration of constitutional remedies is the most important, and under mercury and iodide of potassium the local symptoms may rapidly be relieved. The tertiary laryngeal manifestations are always serious and difficult to treat. The deep ulceration is specially

hard to combat, and the cicatrization may necessitate tracheotomy, or the gradual dilatation, as practised by Schroetter.

III. DISEASES OF THE BRONCHI.

I. ACUTE BRONCHITIS.

Acute catarrhal inflammation of the bronchial mucous membrane is a very common disease, rarely serious in healthy adults, but very fatal in the old and in the young, owing to associated pulmonary complications. It is bilateral and affects either the larger and medium sized tubes or the smaller bronchi, in which case it is known as capillary bronchitis.

We shall speak only of the former, as the latter is part and parcel of broncho-pneumonia.

Etiology.—Acute bronchitis is a common sequence of catching cold, and is often nothing more than the extension downward of an ordinary coryza. It occurs most frequently in the changeable weather of early spring and late autumn. Its association with cold is well indicated by the popular expression "cold on the chest." It may prevail as an epidemic apart from influenza, of which it is an important feature.

Acute bronchitis is associated with many other affections, notably measles. It is by no means rare at the onset of typhoid fever and malaria. It is present also in asthma and whooping-cough. The bronchitis of Bright's disease, gout, and heart-disease is usually a chronic form. It attacks persons of all ages, but most frequently the young and the old. There are individuals who have a special disposition to bronchial catarrh, and the slightest exposure is apt to bring on an attack. Persons who live an out-of-door life are usually less subject to the disease than those who follow sedentary occupations.

The affection is probably microbial, though we have as yet no definite evidence upon this point.

Morbid Anatomy.—The mucous membrane of the trachea and bronchi is reddened, congested, and covered with mucus and muco-pus, which may be seen oozing from the smaller bronchi, some of which are dilated. The finer changes in the mucosa consist in desquamation of the ciliated epithelium, swelling and œdema of the submucosa, and infiltration of the tissue with leucocytes. The mucous glands are much swollen.

Symptoms.—The symptoms of an ordinary "cold" accompany the onset of an acute bronchitis. The coryza extends to the tubes, and may also affect the larynx, producing hoarseness, which in many cases is marked. A chill is rare, but there is invariably a sense of oppression, with heaviness and languor and pains in the bones and back. In mild cases there is scarcely any fever, but in severer forms the range is from 101° to 103°.

The bronchial symptoms set in with a feeling of tightness and rawness beneath the sternum and a sensation of oppression in the chest. The cough is rough at first, cutting and sore, and often of a ringing character. It comes on in paroxysms which rack and distress the patient extremely. During the severe spells the pain may be very intense beneath the sternum and along the attachments of the diaphragm. At first the cough is dry, but in a few days the secretion becomes muco-purulent and abundant, and finally purulent. With the loosening of the cough great relief is experienced. The sputum is made up largely of pus-cells, with a variable number of the large round alveolar cells, many of which contain carbon grains, while others have undergone the myelin degeneration.

Physical Signs.—The respiratory movements are not greatly increased in frequency unless the fever is high. There are instances, however, in which the breathing is rapid and when the smaller tubes are involved there is dyspnoea. On palpation the bronchial fremitus may often be felt. On auscultation in the early stage, piping sibilant râles are everywhere to be heard. They are very changeable, and appear and disappear with coughing. With the relaxation of the bronchial membranes and the greater abundance of the secretion, the râles change and become mucous and bubbling in quality.

The course of the disease depends on the conditions under which it develops. In healthy adults, by the end of a week the fever subsides and the cough loosens. In another week or ten days convalescence is fully established. In young children the chief risk is in the extension of the process downward. In measles and whooping-cough, the ordinary bronchial catarrh is very apt to descend to the finer tubes, which become dilated and plugged with muco-pus, inducing areas of collapse, and finally broncho-pneumonia. This extension is indicated by changes in the physical signs. Usually at the base the râles are subcrepitant and numerous and there may be areas of defective resonance and of feeble or distant tubular breathing. In the aged and debilitated there are similar dangers if the process extends from the larger to the smaller tubes. In old age the bronchial mucosa is less capable of expelling the mucus, which is more apt to sag to the dependent parts and induce dilatation of the tubes with extension of the inflammation to the contiguous air-cells.

The **diagnosis** of acute bronchitis is rarely difficult. Although the mode of onset may be brusque and perhaps simulate pneumonia, yet the absence of dulness and blowing breathing, and the general character of the bronchial inflammation, renders the diagnosis simple. The complication of broncho-pneumonia is indicated by the greater severity of the symptoms, particularly the dyspnoea, the defective color, and the physical signs.

Treatment.—In mild cases, household measures suffice. The hot foot-bath, or the warm bath, a drink of hot lemonade, and a mustard plaster on the chest will often give relief. For the dry, racking cough, the symptom most complained of by the patient, Dover's powder is the best