occurrence of ammoniacal decomposition, the local signs in one lumbar region, and the absence of pain in the bladder should be sufficient to differentiate the affections. In women, by catheterization of the ureters, it may be definitely determined whether the pus comes from the kidneys or from the bladder.

Prognosis.—Cases coming on during the fevers usually recover. Tuberculous pyelitis may terminate favorably by inspissation of the pus and conversion into a putty-like substance with deposition of lime salts. When pyonephrosis develops the dangers are increased. Perforation may occur, the patient may be worn out by the hectic fever, or amyloid disease may develop.

Treatment.—In mild cases fluids should be taken freely, particularly the alkaline mineral waters, to which the citrate of potash may be added.

The treatment of the calculous form will be considered later. Practically there are no remedies which have much influence upon the pyuria. Astringents in no way control the discharge, nor have I seen the slightest benefit from buchu, copaiba, sandal-wood oil, or uva ursi. Tonics should be given, a nourishing diet, and milk and butter-milk may be taken freely. When the tumor has formed or even before it is perceptible, if the symptoms are serious and severe, the kidney should be explored, and, if necessary, nephrotomy should be performed.

## IX. HYDRONEPHROSIS.

**Definition.**—Dilatation of the pelvis and calyces of the kidney with atrophy of its substance, caused by the accumulation of non-purulent fluids the result of obstruction.

Etiology.—The condition may be congenital, owing to some abnormality in the ureter or urethra. The tumor produced may be large enough to retard labor. Sometimes it is associated with other malformations. There is a condition of moderate dilatation, apparently congenital, which is not connected with any obstruction in the ducts. A case of the kind was shown at the Philadelphia Pathological Society by Daland.

In some instances there has been contraction or twisting of the ureter, or it has been inserted into the kidney at an acute angle or at a high level. In adult life the condition may be due to lodgement of a calculus, or to a cicatricial stricture following ulcer.

New growths, such as tubercle or cancer, occasionally induce hydronephrosis. More commonly, pressure upon the ureter from without, particularly tumors of the ovaries and uterus. Occasionally cicatricial bands compress the ureter. Obstruction within the bladder may result from cancer, from hypertrophy of the prostate with cystitis, and in the urethrafrom stricture. It is stated that slight grades of hydronephrosis have been found in patients with excessive polyuria.

In whatever way produced, when the ureter is blocked the secretion accumulates in the pelvis and infundibula. Sometimes acute inflammation follows, but more commonly the slow, gradual pressure causes atrophy of the papillæ with gradual distention and wasting of the organ. In acquired cases from pressure, even when dilatation is extreme, there may usually be seen a thin layer of renal structure. In the most extreme stages the kidney is represented by a large cyst, which may perhaps show on its inner surface imperfect septa. The fluid is thin and yellowish in color, and contains traces of urinary salts, urea, uric acid, and sometimes albumen. The secretion may be turbid from admixture with small quantities of pus.

Total occlusion does not always lead to a hydronephrosis, but may be followed by atrophy of the kidney. It appears that when the obstruction is intermittent or not complete the greatest dilatation is apt to follow. The sac may be enormous, and cause an abdominal tumor of the largest size. The condition has even been mistaken for ascites. Enlargement of the other kidney may compensate for the defect. Hypertrophy of the left side of the heart usually follows.

Symptoms.—When small, it may not be noticed. The congenital cases when bilateral usually prove fatal within a few days; when unilateral, the tumor may not be noticed for some time. It increases progressively and has all the characters of a tumor in the renal region. In adult life many of the cases, due to pressure by tumors, as in cancer of the uterus and enlargement of the prostate, etc., give rise to no symptoms.

There are remarkable instances of *intermittent* hydronephrosis in which the tumor suddenly disappears with the discharge of a large quantity of clear fluid. The sac gradually refills, and the process may be repeated for years. In these cases the obstruction is unilateral; a cicatricial stricture exists, or a valve is present in the ureter, or the ureter enters the upper part of the pelvis.

The examination of the abdomen shows, in unilateral hydronephrosis, a tumor occupying the renal region. When of moderate size it is readily recognized, but when large it may be confounded with ovarian or other tumors. In young children it may be mistaken for sarcoma of the kidney or of the retroperitoneal glands, the common causes of abdominal tumor in early life. Aspiration alone would enable us to differentiate between hydronephrosis and tumor. The large hydronephrotic sac is frequently mistaken for ovarian tumor. The latter is, as a rule, more mobile, and rarely fills the deeper portion of the lumbar region so thoroughly. The ascending colon can often be detected passing over the renal tumor, and examination per vaginam, particularly under ether, will give important indications as to the condition of the ovaries. In doubtful cases the sac should be aspirated. The fluid of the renal cyst is clear, or turbid from the presence of cell elements, rarely colloid in character; the specific gravity is low; albumen and traces of urea and uric acid are usually present; and the epithelial elements in it may be similar to those found in the pelvis of the kidney. In old sacs, however, the fluid may not be characteristic, since the urinary salts disappear, but in one case of several years' duration oxalate of lime and urea were found.

Perhaps the greatest difficulty is offered by the condition of hydronephrosis in a movable kidney. Here, the history of sudden disappearance of the tumor with the passage of a large quantity of clear fluid would be a point of great importance in the diagnosis. In those rare instances of an enormous sac filling the entire abdomen, and sometimes mistaken for ascites, the character of the fluid might be the only point of difference. The tumor of pyonephrosis may be practically the same in physical characteristics. Fever is usually present, and pus is often found in the urine. In these cases, when in doubt, exploratory puncture should be made.

The outlook in hydronephrosis depends much upon the cause. When single, the condition may never produce serious trouble, and the intermittent cases may persist for years. The latter are the most hopeful, and Frederick Taylor mentions an instance in which, after the fifth or sixth subsidence, in the course of two years, a calculus was discharged. Occasionally the cyst ruptures into the peritonæum, more rarely through the diaphragm into the lung. A remarkable case of this kind is at present under the care of my colleague, Halsted. A man, aged twenty-one, had, from his second year, attacks of abdominal pain in which a swelling would appear between the hip and costal margin and subside with the passage of a large amount of urine. In January, 1888, the sac discharged through the right lung.\* Reaccumulations have occurred on several occasions since, and on June 9, 1891, the sac was opened and drained.

The sac may discharge spontaneously through the ureter and the fluid never reaccumulate. In bilateral hydronephrosis there is a danger that uraemia may supervene. There are instances, too, in which blocking of the ureter on the sound side by calculus has been followed by uraemia. And, lastly, the sac may suppurate, and the condition change to one of pyonephrosis.

Treatment.—Cases of intermittent hydronephrosis which do not cause serious symptoms should be let alone. It is stated that, in sacs of moderate size, the obstruction has been overcome by shampooing. If practised, it should be done with great care. When the sac reaches a large size aspiration may be performed and repeated if necessary. Puncture should be made in the flank, midway between the ilium and the last rib. If the fluid reaccumulates and the sac becomes large, it may be incised and drained, or, as a last resort, the kidney may be removed.

## X. NEPHROLITHIASIS (Renal Calculus).

Definition.—The formation in the kidney or in its pelvis of concretions, by the deposition of certain of the solid constituents of the urine.

Etiology and Pathology.—In the kidney substance itself the separation of the urinary salts produces a condition to which, unfortunately, the term infarct has been applied. Three varieties may be recognized: (1) The uric-acid infarct, usually met with at the apices of the pyramids in new-born children and during the first weeks of life. It is readily recognized as a yellowish linear streak in the pyramids and is of no significance; (2) the urate of soda infarct, sometimes associated with urate of ammonia, which forms whitish lines at the apices of the pyramids and is met with chiefly, but not always, in gouty persons; and (3) the lime infarcts, forming very opaque white lines in the pyramids, usually in old people.

In the pelvis and calyces concretions of the following forms occur: (a) Small gritty particles, renal sand, ranging in size from the individual grains of the uric-acid sediment to bodies one or two millimetres in diameter. These may be passed in the urine for long periods without producing any symptoms, since they are too fine to be arrested in their downward passage.

(b) Larger concretions, ranging in size from a small pea to a bean, and either solitary or multiple in the calyces and pelvis. It is the smaller of these calculi which, in their passage, produce the attacks of renal colic. They may be rounded and smooth, or present numerous irregular projections.

(c) The dendritic form of calculus. The orifice of the ureter may be blocked by a Y-shaped stone. The pelvis itself may be occupied by the concretion, which forms a more or less distinct mould. These are the remarkable coral calculi, which form in the pelvis complete moulds of infundibula and calyces, the latter even presenting cup-like depressions corresponding to the apices of the papillæ. Some of these casts in stone of the renal pelvis are as beautifully moulded as Hyrtl's corrosion preparations.

Chemically the varieties of calculi are: (1) Uric acid, by far the most important, which may form the renal sand, the small solitary, or the large dendritic stones. They are very hard, the surface is smooth, and the color reddish. The larger stones are usually stratified and very dense. Usually the uric acid and the urates are mixed, but in children stones composed of urates alone may occur.

(2) Oxalate of lime, which forms mulberry-shaped calculi, studded with points and spines. They are often very dark in color, intensely hard, and are a mixture of oxalate of lime and uric acid.

(3) Phosphatic calculi are composed of the phosphate of lime and the ammonio-magnesium phosphate, sometimes mixed with a small amount of

<sup>\*</sup> Sowers, New York Medical Record, 1888.