

Spasm of the Muscles of the Larynx.—In this the adductor muscles are involved. It is not an uncommon affection in children, and has already been referred to as laryngismus stridulus. Paroxysmal attacks of laryngeal spasm are rare in the adult, but cases are described in which the patient, usually a young girl, wakes at night in an attack of intense dyspnoea, which may persist long enough to produce cyanosis. Liveing states that they may replace attacks of migraine. They occur in a characteristic form in locomotor ataxia, forming the so-called laryngeal crises. There is a condition known as spastic aphonia, in which, when the patient attempts to speak, phonation is completely prevented by a spasm.

Disturbance of the sensory nerves of the larynx is rare.

Anæsthesia may occur in bulbar paralysis and in diphtheritic neuritis—a serious condition, as portions of food may enter the windpipe. It is usually associated with dysphagia and is sometimes present in hysteria. Hyperæsthesia of the larynx is rare.

(c) *Cardiac Branches.*—The cardiac plexus is formed by the union of branches of the vagi and of the sympathetic nerves. The vagus fibres subserve motor, sensory, and probably trophic functions.

(1) *Motor.*—The fibres which inhibit, control, and regulate the cardiac action pass in the vagi. Irritation may produce slowing of the action. Czermak could slow or even arrest the heart's action for a few beats by pressing a small tumor in his neck against one pneumogastric nerve, and it is said that the same can be produced by forcible bilateral pressure on the carotid canal. There are instances in which persons appear to have had voluntary control over the action of the heart. The most remarkable instance was that of Colonel Townsend, who could slow the action of the heart at will. Retardation of the heart's action has also followed accidental ligature of one vagus. Irritation at the nuclei may also be accompanied by extreme slowness. The condition of brachycardia may be associated with a neurosis of this nerve. On the other hand, when there is complete paralysis of the vagi, the inhibitory action may be abolished and the acceleratory influences have full sway. The heart's action is then greatly increased. This is seen in some instances of diphtheritic neuritis and in involvement of the nerve by tumors, or its accidental removal or ligature. Complete loss of function of one vagus may, however, not be followed by any symptoms.

(2) *Sensory* symptoms on the part of the cardiac branches are very varied. Normally, the heart's action proceeds regularly without the participation of consciousness, but the unpleasant feelings and sensations of palpitation and pain are conveyed to the brain through this nerve. How far the fibres of the pneumogastric are involved in angina it is impossible to say. The various disturbances of sensation are described under the cardiac neuroses.

(d) *Pulmonary Branches.*—We know very little of the pulmonary branches of the vagi. The motor fibres are stated to control the action of

the bronchial muscles, and it has long been held that asthma may be a neurosis of these fibres. The various alterations in the respiratory rhythm are probably due more to changes in the centre than in the nerves themselves.

(e) *Gastric and Oesophageal Branches.*—The muscular movements of these parts are presided over by the vagi and vomiting is induced through them, usually reflexly, but also by direct irritation, as in meningitis. Spasm of the oesophagus generally occurs with other nervous phenomena. Gastralgia may sometimes be due to cramp of the stomach, but is more commonly a sensory disturbance of this nerve, due to direct irritation of the peripheral ends, or is a neuralgia of the terminal fibres. Hunger is said to be a sensation aroused by the pneumogastric, and some forms of nervous dyspepsia probably depend upon disturbed function of this nerve. The severe gastric crises which occur in locomotor ataxia are due to central irritation of the nuclei. Some describe exophthalmic goitre under lesions of the vagi.

IX. SPINAL ACCESSORY NERVE.

Paralysis.—The smaller or internal part of this nerve joins the vagus and is distributed through it to the laryngeal muscles. The larger external part is distributed to the sterno-mastoid and trapezius muscles.

The nuclei of the nerve, particularly of the accessory part, may be involved in bulbar paralysis. The nuclei of the external portion, situated as they are in the cervical cord, may be attacked in progressive degeneration of the motor nuclei of the cord. The nerve may be involved in the exudation of meningitis, or be compressed by tumors, or in caries. The symptoms of paralysis of the accessory portion which joins the vagus have already been given in the account of the palsy of the laryngeal branches of the pneumogastric. Disease or compression of the external portion is followed by paralysis of the sterno-mastoid and of the trapezius on the same side. In paralysis of one sterno-mastoid, the patient rotates the head with difficulty to the opposite side, but there is no torticollis, though in some cases the head is held obliquely. As the trapezius is supplied in part from the cervical nerves, it is not completely paralyzed, but the portion which passes from the occipital bone to the acromion is functionless. The paralysis of the muscle is well seen when the patient draws a deep breath or shrugs the shoulders. The middle portion of the trapezius is also weakened, the shoulder droops a little, and the angle of the scapula is rotated inward by the action of the rhomboids and the levator anguli scapulae. Elevation of the arm is impaired, for the trapezius does not fix the scapula as a point from which the deltoid can work.

In progressive muscular atrophy we sometimes see bilateral paralysis of these muscles. Thus, if the sterno-mastoids are affected, the head tends to fall back; when the trapezii are involved, it falls forward, a characteristic attitude of the head in many cases of progressive muscular

atrophy. Gowers suggests that lesions of the accessory in difficult labor may account for those cases in which during the first year of life the child has great difficulty in holding up the head. In children this drooping of the head is an important symptom in cervical meningitis, the result of caries.

The *treatment* of the condition depends much upon the cause. In the central nuclear atrophy but little can be done. In paralysis from pressure the symptoms may gradually be relieved. The paralyzed muscles should be stimulated by electricity and massage.

Accessory Spasm.—(*Torticollis*; *Wryneck*).—The forms of spasm affecting the cervical muscles are best considered here, as the muscles supplied by the accessory are chiefly, though not solely, responsible for the condition. The following forms may be described in this section:

(a) *Congenital Torticollis*.—This condition, also known as fixed torticollis, depends upon the shortening and atrophy of the sterno-mastoid on one side. It occurs in children and may not be noticed for several years on account of the shortness of the neck, the parents often alleging that it has only recently come on. It affects the right side almost exclusively. A remarkable circumstance in connection with it is the existence of facial asymmetry noted by Wilks, which appears to be an essential part of this congenital form. It occurred in six cases reported by Golding-Bird. In a case recently under my observation, the wryneck was not noticed until her tenth year. The muscle was divided and she seemed quite well; but as she developed the asymmetry of the face became very striking. In congenital wryneck the sterno-mastoid is shortened, hard and firm, and in a condition of more or less advanced atrophy. This must be distinguished from the local thickening in the sterno-mastoid due to rupture, which may occur at the time of birth and produce an induration or muscle callus. Although the sterno-mastoid is almost always affected, there are rare cases in which the fibrous atrophy affects the trapezius. This form of wryneck in itself is unimportant, since it is readily relieved by tenotomy, but Golding-Bird states that the facial asymmetry persists, or indeed may, as shown by photographs in my case, become more evident. With reference to the pathology of the affection, Golding-Bird concludes that the facial asymmetry and the torticollis are integral parts of one affection which has a central origin and is the counterpart in the head and neck of infantile paralysis with talipes in the foot.

(b) *Spasmodic Wryneck*.—Two varieties of this spasm occur, the tonic and the clonic, which may alternate in the same case; or, as is most common, they are separate and remain so from the outset. The disease is most frequent in adults and, according to Gowers, most common in females. In this country it is certainly more frequent in males. Of the eight or ten cases which came under my observation in Montreal and Philadelphia, all were males. In females it may be an hysterical manifestation. There may be a marked neurotic family history, but it is usually

impossible to fix upon any definite etiological factor. Some cases have followed cold; others a blow.

The *symptoms* are well defined. In the tonic form the contracted sterno-mastoid draws the occiput toward the shoulder of the affected side; the chin is raised, and the face rotated to the other shoulder. The sterno-mastoid may be affected alone or in association with the trapezius. When the latter is implicated the head is depressed still more toward the same side. In long-standing cases these muscles are prominent and very rigid. There may be some curvature of the spine, the convexity of which is toward the sound side. The cases in which the spasm is clonic are much more distressing and serious. The spasm is rarely limited to a single muscle. The sterno-mastoid is almost always involved and rotates the head so as to approximate the mastoid process to the inner end of the clavicle, turning the face to the opposite side and raising the chin. When with this the trapezius is affected, the depression of the head toward the same side is more marked. The head is drawn somewhat backward; the shoulder, too, is raised by its action. According to Gowers, the splenius is associated with the sterno-mastoid about half as frequently as the trapezius. Its action is to incline the head and rotate it slightly toward the same side. Other muscles may be involved, such as the scalenus and platysma myoides; and in rare cases the head may be rotated by the deep cervical muscles, the rectus and obliquus. There are cases in which the spasm is bilateral, causing a backward movement—the retro-colic spasm. This may be either tonic or clonic, and in extreme cases the face is horizontal and looks upward.

These clonic contractions may come on without warning, or be preceded for a time by irregular pains or stiffness of the neck. The jerking movements recur every few moments, and it is impossible to keep the head still for more than a minute or two. In time the muscles undergo hypertrophy and may be distinctly larger on one side than the other. In some cases the pain is considerable; in others there is simply a feeling of fatigue. The spasms cease during sleep. Emotion, excitement, and fatigue increase them. The spasm may extend from the muscles of the neck and involve those of the face or of the arms.

The disease varies much in its course. Cases occasionally get well, but the great majority of them persist, and, even if temporarily relieved, the disease frequently recurs. The affection is usually regarded as a functional neurosis, but it is possibly due to disturbance of the cortical centres presiding over the muscles.

Treatment.—Temporary relief is sometimes obtained; a permanent cure is exceptional. Various drugs have been used, but rarely with benefit. Occasionally, large doses of bromide will lessen the intensity of the spasm. Morphia, subcutaneously, has been successful in some reported cases, but there is the great danger of establishing the morphia habit. Galvanism may be tried. Counter-irritation is probably

useless. Fixation of the head mechanically can rarely be borne by the patient. These obstinate cases fall ultimately into the hands of the surgeon, and the operations of stretching, division, and excision of the accessory nerve and division of the muscles have been tried. The latter does not check the spasm, and may aggravate the symptoms. Temporary relief may follow, but, as a rule, the condition returns. In the cases of spasm of the deep-seated muscles, Keen has devised an operation for their section.

(c) The *nodding spasm* of children may here be mentioned as involving chiefly the muscles innervated by the accessory nerve. It may be a simple trick, a form of habit spasm, or a phenomenon of epilepsy (E. nutans), in which case it is associated with transient loss of consciousness. A similar nodding spasm may occur in older children. In women it sometimes occurs as an hysterical manifestation, commonly as part of the so-called salaam convulsion.

X. HYPGLOSSAL NERVE.

This is the motor nerve of the tongue and for most of the muscles attached to the hyoid bone. Its cortical centre is probably the lower part of the ascending frontal gyrus.

Paralysis.—(1) *Central Lesion.*—The tongue is often paralyzed in hemiplegia, and the paralysis may result from a lesion of the cortex itself, or of the fibres as they pass to the medulla. It does not occur alone and will be considered with hemiplegia. There is this difference, however, between the cortical and other forms, that the muscles on both sides of the tongue may be more or less affected but do not waste, nor are their electrical reactions disturbed.

(2) *Nuclear and infra-nuclear* lesions of the hypoglossal result from slow progressive degeneration, as in bulbar paralysis or in locomotor ataxia, and occasionally there is acute softening from obstruction of the vessels. Trauma and lead poisoning have also been assigned as causes. The fibres may be damaged by a tumor, and at the base by meningitis; or the nerve is sometimes involved in its foramen by disease of the skull. The nuclei of both nerves are usually affected together, but may be attacked separately. As a result, there is loss of function in the nerve fibres and the tongue undergoes atrophy on the affected side. It is protruded toward the paralyzed side and may show fibrillary twitching.

The *symptoms* of involvement of one hypoglossal, either at its centre or in its course, are those of unilateral paralysis and atrophy of the tongue. When protruded, it is pushed toward the affected side, and there are fibrillary twitchings. The atrophy is usually marked and the mucous membrane on the affected side is thrown into folds. Articulation is not much impaired in the unilateral affection. When the disease is bilateral, the tongue lies almost motionless in the floor of the mouth; it is atrophied,

and cannot be protruded. Speech and mastication are extremely difficult and deglutition may be impaired. If the seat of the disease is above the nuclei, there may be little or no wasting. The condition is seen in progressive bulbar paralysis and occasionally in progressive muscular atrophy.

The *diagnosis* is readily made and the situation of the lesion can usually be determined, since when supra-nuclear there is associated hemiplegia and no wasting of the muscles of the tongue. Nuclear disease is only occasionally unilateral; most commonly bilateral and part of a bulbar paralysis. It should be borne in mind that the fibres of the hypoglossal may be involved within the medulla after leaving their nuclei. In such a case there may be paralysis of the tongue on one side and paralysis of the limbs on the opposite side, and the tongue, when protruded, is pushed toward the sound side.

Spasm.—This rare affection may be unilateral or bilateral. It is most frequently a part of some other convulsive disorder, such as epilepsy, chorea, or spasm of the facial muscles. In some cases of stuttering, spasm of the tongue precedes the explosive utterance of the words. It may occur in hysteria, and is said to follow reflex irritation in the fifth nerve. The most remarkable cases are those of paroxysmal clonic spasm, in which the tongue is rapidly thrust in and out, as many as forty or fifty times a minute. In the case reported by Gowers the attacks occurred during sleep and continued for a year and a half. The spasm is usually bilateral. Wendt has reported a case in which it was unilateral. The prognosis is usually good.

IV. DISEASES OF THE SPINAL NERVES.

CERVICAL PLEXUS.

(1) **Occipito-cervical Neuralgia.**—This involves the nerve territory supplied by the second, the occipitalis major and minor, and the auricularis magnus nerves. The pains are chiefly in the back of the head and neck and in the ear. The condition may follow cold and is sometimes associated with stiffness of the neck or torticollis. Unless connected with disease of the bones or due to pressure of tumors, the outlook is usually good. There are tender points midway between the mastoid process and the spine and just above the parietal eminence, and between the sternomastoid and the trapezius. The affection may be due to direct pressure, in persons who carry very heavy loads on the neck.

(2) **Affections of the Phrenic Nerve.**—Paralysis may follow a lesion in the anterior horns at the level of the third and fourth cervical nerves; or may be due to compression of the nerve by tumors or aneurism. More rarely paralysis results from neuritis.

It may be part of a diphtheritic or lead palsy and is usually bilateral.