annoying. There are also other insect pests, two species of which cause much damage to the rice crop, and another has, as before mentioned, practically destroyed the coffee industry. Bees of three varieties are found. Butterflies, beetles, spiders, and many other forms of insect life are

seen in great profusion.

Climate. - The climate of the Philippine Islands is tropical, that is, it is characterized by high and steady temperature and an abundant rainfall. Statistically it is known mainly from the excellent series of meteorological observations made by the Jesuit fathers at their Observatory of Manila. Through the instrumentality of the same institution observations have been made in or collected from other localities in the archipelago; but, unfortunately, in most instances these observations are for short periods, or are so much broken that their value as climatic data is seriously impaired. With the exception of Manila, temperature observations of sufficient length and continuity are available for but two places: Aparri, in north Luzon, and La Carlota, in the island of The mean temperatures of these two places are shown in Table I.

reading ever recorded is 60°. For comparison with other tropical and subtropical places, see tables in articles Cuba and Harraii.

Humidity.—The average relative humidity is 78 per cent. The average absolute humidity is 8.8 grains per cubic foot. The humidity is greatest during the months of July, August, and September when its average is 84 per cent., and least during March and April when its

average is 70 per cent.

Rainfall.—The average rainfall, from a record of thirty-two years, is 75.43 inches. The year is usually divided into a rainy season and a dry season, although the Spaniards characterized the seasons epigrammati-cally as "seis meses de polvo, seis meses de lodo, seis meses de todo" (six months of dust, six months of mud, and six months of everything). The wet season begins with June and extends to October, inclusive, during which 80 per cent. of the total rainfall occurs. The dry season

son takes up the rest of the year during which but 20 per cent. of the rainfall occurs. The month of September has the largest average rainfall, 15.01 inches, and February the smallest average fall, 0.47 inch. The heaviest

TABLE I.—MEAN TEMPERATURES (FAHR.) OF APARRI, N. IJUZON, AND LA CARLOTA, NEGROS.

	Jan.	Feb.	March.	April.	May.	June.	July.	Aug.	Sept.	Oct.	Nov.	Dec.	Annual.
Aparri (ten years' record)	74°	75°	77°	80°	82°	83°	82°	82°	81°	80°	77°	74°	79°
	78	79	80	82	82	81	79	79	79	80	79	79	80

The climate of Manila and vicinity is shown in detail

in the month of September. It is not unusual for the months of February, March, April, and May to pass with

TABLE II -CLIMATOLOGICAL DATA FOR MANILA.

	Jan.	Feb.	March.	April.	May.	June.	July.	Aug.	Sept.	Oct.	Nov.	Dec.	Year.
Temperature (F.°)— Mean monthly " of warmest " coolest. Highest recorded. Lowest Mean maximum " minimum " dally range. Greatest "	77 79 74 91 60 86 69 17 22	78 81 76 96 61 87 69 18 27	81 82 79 96 65 90 72 18	83 85 81 99 66 92 74 18 30	84 87 82 100 71 92 76 16 24	82 85 81 98 70 90 76 14 22	81 82 79 95 70 87 75 12 20	81 82 80 94 69 87 75 12 20	81 82 79 94 71 87 75 12 20	80 82 79 95 69 88 74 14 20	79 81 77 94 63 86 73 13 22	77 80 75 92 60 85 71 14 25 2	80 82 79 100 60
Least Humidity— Mean relative, per cent	77 7.75	73 7.60	71 7.90	70 8.42	75 9.27	80 9.39	84 9.33	84 9.53	85 9.33	82 9.24	80 8.59	80 8.06	78 8.75
Wind movement in miles— Mean daily. Prevailing wind direction. Cloudiness, per cent. Days with rain, number of. *Rainfall in inches—	N. E.	115 E. 37 2.2	132 E. 35 3.4	145 S. E. 32 3.5	144 S. E. 47 9.2	138 S. E. 65 15.4	182 S. W. 74 22.1	165 S. W. 68 19.8	192 S. W. 72 20.7	111 N. E. 58 14.4	94 N. E. 54 11.3	93 N. E. 53 8.4	134 53 135
Mean monthly. Greatest " Least "	1.15 7.59 .02	.47 1.97 .00	.65 3.94 .00	1.11 5.37 .00	4.30 10.11 .00	9.68 25.81 .98	14.70 29.71 5.28	13.88 43.20 5.15	15.01 61.43 2.00	7.47 23.65 .90	4.92 15.27 1.17	2.09 13.67 .01	75,43 120,98 35.65

*Rainfall record for thirty-two years, 1865-96. Other data for seventeen years, 1880-96, with exception of mean maximum and minimum daily ranges, which are for fourteen years.

year may be divided into a hot season, an intermediate season, and a cool season. April, May, and June constitute the hot season, with an average temperature for the three months of 83°; July, August, and September, the intermediate season, with an average temperature of 81°; and October to March, inclusive, the cool season, with an average temperature of 79°. May is the hottest month of the year, having an average temperature of 84°, and December and January are the coolest months, with average temperatures of 77°. The highest thermometer reading so far recorded is 100°. The lowest

Temperature.—The average temperature of the year at Manila is 80° F. In describing the climate of Manila the no rainfall whatever. A consideration of the record of no rainfall whatever. A consideration of the record of thirty-two years reveals the fact that there are many departures from the average rainfall, and in some instances the departures are remarkable. For example, in one year as much as 120.98 inches fell and in another year as little as 35.65 inches. Still more remarkable, however, are the departures from the averages of individual months. In the case of September, before referred to as the month of greatest rainfall, as little as but two inches has fallen.

The rainfall varies much in other places in the archi-pelago. From an inspection of Table III. it will be observed that the rainy season is not synchronous in all

TABLE III.—RAINFALL STATISTICS AT SEVERAL STATIONS IN THE PHILIPPINES.

Stations.	Jan.	Feb.	Mar.	April.	May.	June.	July.	Aug.	Sept.	Oct.	Nov.	Dec.
Vigan (ten years' record) Punta Santiago (twelve years' record) Albay (six years' record) Aparri (nine years' record) San Isidro (ten years' record) Tayabas (seven years' record) Sulu (five years' record) Cebu (six years' record)	.26 9.21 9.09 .62 4.88 4.06	0.0 .01 6.61 3.89 .26 1.92 1.83 2.05	0.17 .22 9.02 1.88 .78 2.37 1.74 2.52	0.14 .18 6.11 1.07 .92 .94 3.29 .83	3.50 3.90 7.40 2.63 8.27 3.96 9.59 4.03	8.55 7.36 8.18 2.29 7.59 3.49 5.68 7.53	21.09 14.48 10.47 5.08 13.36 3.80 5.74 6.33	11.38 9.45 9.53 6.85 11.14 2.91 4.63 6.53	19.14 12.68 11.81 9.53 14.22 4.59 5.89 6.50	6.94 4.76 8.35 11.25 7.01 9.41 6.46 6.67	2.56 4.01 11.85 9.48 4.02 11.15 5.02 4.58	0.01 2.25 17.99 10.39 2.03 7.70 6.30 6.77

parts of the archipelago. Indeed, it is practicable by moving from place to place to have rainy or fair weather almost as one choses. In Table III. the stations of Vigan and Punta Santiago are on the western coast of Luzon, Albay on its southeastern extremity, and Aparri on its northern coast. San Isidro and Tayabas are in the interior of Luzon.

Storms.—Thunder storms are of frequent, almost daily, occurrence during the wet season. The electrical display and the rainfall of these storms are much more intense than in the storms of temperate latitudes. However, but little damage results. The most destructive and most dreaded storm of the eastern waters is the typhoon, a cyclonic storm similar in respect to origin, course, and season, and destructiveness to all things in its path, to

the West India hurricanes of the Atlantic. The season of

maximum typhoon prevalence is from June to October.

Health.—One of the most interesting questions pertains to the health of Europeans and Americans in the archipelago. Unfortunately, no satisfactory answer can be given at present. Spanish sanitary arrangements in the tropics have been notoriously bad, and much of the illhealth prevalent in the Philippines must be attributed to the absolute neglect of the most elementary principles of sanitation. With due attention to the ordinary laws of hygiene, it appears reasonable to expect considerable improvement in the health of both the native and the foreign population. The prevalent infectious diseases are typhoid and malarial fevers, dengue, beri-beri (confined almost exclusively to natives), and smallpox. fined almost exclusively to natives), and smallpox. Intestinal diseases are common and dysentery is especially prevalent, more so during the wet season than during the dry. Notwithstanding the high atmospheric temperature and great degree of humidity, heat stroke is infrequent. Col. Charles R. Greenleaf, U. S. A., chief surgeon, Division of the Philippines, states "that heat stroke so much feared in the tropics is practically under the stroke of the property known here, men drop out in the march overcome by the heat, but fatal stroke and lasting heat exhaustion are very rare." Table IV., arranged from the report of the Sur-

ent to accommodating themselves to the unusual climatic conditions. The consideration of the subject of clothing suitable for the tropics cannot be taken up here, but it is a matter of much importance to persons contemplating sojourns in equatorial climates. (See article on *Military Hygiene*, in the present volume.) Persons having experience in the islands appear to be united in advising the wearing of light flannels next to the body. Much stress is laid on the importance of protecting the abdomen at night by the use of a light binder. Another point upon which it is imperative to insist is the use of pure water, that is, water that has been made pure by adequate filtration or by boiling. Strict attention to the drinking-water is perhaps the keynote to the situation. W F R Phillins

MANITOU SPRINGS.*-El Paso County, Colorado. Post-Office.—Manitou Springs. Hotels: Barker, Cliff House, Manitou House, mansions and numerous

boarding-houses. Access.-Viâ Denver and Rio Grande Railroad and

Colorado Midland Railroad.

Manitou is situated six miles west of Colorado Springs, immediately at the foot of Pike's Peak. Here are located the celebrated effervescent soda and iron springs which in early days gave the name of springs to the town of Colorado Springs. An electric railroad, with cars at frequent intervals, unites the two places. The town of Manitou Springs contains a permanent population of more than 2,000 souls, which number is augmented during the summer months by about 125,000 visitors from all parts of the United States and from foreign countries. Dame Nature was in a fanciful mood when she fashioned the topography of this wild and rugged region. Few similar areas of the earth's surface present a greater number and variety of weird, grotesque, and romantic features than are to be found in the vicinity of Manitou Springs. The scope of this work allows us to enumerate only a few of the more prominent points of interest within a few miles of the place. Iron Springs and hotel,

TABLE IV.—RATIO OF SICKNESS PER THOUSAND OF MEAN STRENGTH OF REGULAR AND VOLUNTEER ARMIES IN THE PHILIPPINES, 1900. (MEAN STRENGTH, 66,882.)

Cause.	Ratio of sick.	Ratio of deaths.	Cause.	Ratio of sick.	Ratio of deaths
Smallpox Dengue Typhoid Malaria, intermittent, " remittent. " pernicious Gastritis Dysentery, acute chronic.		1.69 .00 2.11 .00 .36 1.23 .04 3.07 4.77	Diarrheal diseases, other Enteritis Bronchitis Pneumonia Pleurisy Consumption Heat stroke Measles	476.26 20.66 39.29 2.35 4.11 4.89 2.05 4.69	1.24 .40 .00 .49 .07 1.18 .09

geon-General, U. S. A., 1901, shows the chief causes of sickness among the soldiers, which may be considered as most likely to be affected by the prevalent climatic and the existing sanitary conditions, and which may be taken as a fair indication of the diseases most common among the native and the foreign populations. The general con-sensus of expert opinion is that Americans in the islands are prone too much to over-eating and are too indiffer-

one mile; Rainbow Falls and Grand Caverns, one mile and a quarter; Crystal Park, three miles; Garden of the Gods, three miles; Glen Eyrie, five miles; Monument Park, by rail seven and one-half miles, North Cheyenne Canyon, eight and one-half miles; South Cheyenne Can-

* So called by the Indians ("Maniton," the Great Spirit), to whom the springs were known for many genera

yon, nine miles; Summit of Pike's Peak (viâ cogwheel | are known, and some of them will be noticed at the close railroad), twelve miles. In addition to these well-known localities there are scores of canyons, caves, waterfalls, and charming nooks which the sojourner may seek out and charming nooks which the solution in any seek of for himself. The railroad journey to the top of Pike's Peak is one never to be forgotten. The view from the immense height of 14,147 feet is almost appalling in its scope and grandeur. A post-office for the benefit of tourists is maintained at the apex of the Peak by the national Government during the summer season. It has been well described as the loftiest post-office in the United States. The meteorological conditions at Manitou and Colorado Springs are very favorable to invalids, the climate being dry and the temperature even and not subject to sudden changes. The winter months are mild and pleasant—so mild, indeed, that excursions are almost daily made to the neighboring canyons and glens, where outdoor picnics are held with as much safety to health as in the summer *

Within the town limits are nine cold springs, which are divided into two groups: (1) the Soda Springs which resemble in taste and properties the well-known Apollinaris water; and (2) the Iron Springs. These springs are controlled by the Manitou Mineral Water Company, and, in addition to the immense local consumption by visitors, the waters are bottled and sold to dealers throughout the United States. The Manitou ginger-ale and Manitou soda-water also have an extensive sale, and an inspection of the immense bottling establishment of the company is one of the features of a visit to the resort. The waters of two principal springs, as analyzed by Prof. Elwyn Waller, Ph.D., analytical chemist, New York City, were found to contain:

MANITOU SPRINGS.

ONE UNITED STATES GALLON CONTAINS:

Solids.	Manitou. Grains.	Navajo. Grains.
Sodium chloride	23.94	23.79
Potassium sulphate	10.68	15.35
Sodium sulphate	11.14	10.93
Sodium carbonate	40.66	42.60
Lithium carbonate	.71	.61
Calcium carbonate	69.08	69.33
Magnesium carbonate	16.68	16.04
Iron oxide	.02	.02
Alumina	.07	.02
Silica	2 49	2.46
Cinca	2.43	2.46
Total	175.47	189 93

Both contain free carbonic-acid gas.

The waters of these springs are especially recommended in dyspepsia. During the author's sojourn at the springs, he had abundant opportunity to test the virtues of the Soda Springs in his own person and in that of one of his travelling companions. A glass of this water will almost instantly give relief in pyrosis, acid eructations, or flatulence, and its habitual use prevents the recurrence of these disagreeable symptoms. They are further of decided benefit in renal and bladder disorders. The waters of the Soda Springs, being clear, sparkling, and very palatable, form an excellent table beverage. The iron waters are highly beneficial in debility, in early phthisis, and in anæmia and chlorosis. Numerous excellent hotels and boarding-houses are maintained at Manitou Springs. The visitor will find all the arrangements for his comfort and well-being equal to any that may be found at a first-James K. Crook.

MANNA.—"The concrete, saccharine exudation of Fraxinus Ornus L. (fam. Oleaceæ)" (U. S. P.). Numerous other varieties of manna than this, the official one,

*Dr. L. D. Sebree gives us the following temperatures for the winter months: November, 48°; December, 43°; January, 40°; February, 48°; March, 50°; April, 64°. These records were made at 12 noon. At 6 P.M. the temperature was twelve to fifteen degrees lower. There was no rain from November 11th to March 15th.

of this article

This, the manna-ash of Italy, Sicily, Asia Minor, etc. is a small, graceful tree, with smooth gray bark, slender branches, odd pinnate leaves, and the characteristic inflorescences and fruit of the genus. It grows to about twenty feet in height, and is often cultivated, both in and beyond its natural habitat, for ornament, but does not yield manna excepting in Southern climates. In Sicily, whence most of the manna of the present time comes, the trees are regularly cultivated for this purpose, being planted in rows in "orchards," and allowed to grow unmolested until the stems are nearly as large as the leg. Then the tapping is begun, and repeated every summer for a dozen or more years, until the tree is exhausted. The usual method is to make a transverse cut through the bark near the base of the trunk, and to folthrough the bark hear the base of the trunk, and to follow it each day with another, about an inch higher up than the last, during favorable weather. It is done in the middle of the summer, and hot, dry days are essential to success. The sap exudes from these cuts-a thick, syrupy, very clear, and sweet liquid—and soon concretes on the bark of the trunk, or on leaves, sticks, straws, etc. laid for it. These lumps are either cut or "flaked" off, great care being taken not to get any of the bark, and in this state they constitute the highly prized "Flakemanna," which is graded in sizes. The exuding tears often drop to the ground, and sometimes form large masses at the base of the trunk. This, with the scrap-ings from the trunks, is assorted into inferior grades, small flake," "sorts," "cake manna," etc., some of which

Description.—Manna suitable for medicinal use is thus described in the Pharmacopæia: "In flattish, some what three-edged pieces, occasionally eight inches (20 cm.) long, and two inches (5 cm.) broad, usually smaller; friable; externally yellowish-white, internally white, porous, and crystalline; or in fragments of different sizes, brownish-white, and somewhat glutinous on the surface, internally white and crystalline; odor, honey-like; taste sweet, slightly bitter, and faintly acrid. On heating 5 parts of manna with 100 parts of alcohol to boiling, and filtering, the filtrate should rapidly deposit separate crystals of mannit. Manna consisting of brownish, viscid masses containing few or no fragments of a crystalline structure should be rejected." There is much opportunity for economy in purchasing a good grade of nna, without selecting the very high-priced flakes,

which are superior in appearance only.

Composition.—Fine qualities of this drug contain seventy or eighty per cent. of mannit (C6H8[OH]6), a sweet, crystalline, sugar-like, peculiar substance, also found in other sweet saps. There are also traces of fraxin, a neutral bitter substance which is found in the bark of several other species of ash, and which injuri-

ously affects the quality.

ACTION AND USE.—The best (not bitter) specimens of manna contain nothing of importance besides this mannit. They are not poisonous or deleterious in any quantity, and exert on the human body simply the influence of a very gentle catharsis. Manna has been for a long time a favorite laxative for infants and children, on account of its pleasant taste, but it is becoming scarcer and is used less and less frequently. Dose (adult), from 25 to 50 gm. ($\frac{7}{5}$ i. ad $\frac{7}{5}$ iss.), which may be taken in substance or dissolved in water. The only official preparation is the compound Infusion of Senna (Infusum Senna Compositum, U. S. P.), made as follows: Senna, 6 parts; manua, 12 parts; sulphate of magnesium, 12 parts; fennel, bruised, 2 parts; boiling water, 80 parts; water. Macerate, strain, and add water enough to make 100 parts-a cathartic.

The name "manna" has been applied to a number of sweet exudations from trees and plants which grow in various parts of the world. Fraxinus excelsior L., the common European ash, like many others of the genus, yields a sweet sap, and is said to yield a little manna in Sicily. Alhagi manna, from a small leguminous plant of

India, is in small, roundish, hard tears. Tamarisk manna, from Arabia and Persia, is also in small tears. "Shir Khist" is from a species of *Cotoneaster*, collected in India: oak manna, from several species of oak, and Briançon manna, from the larch. None of these has, however, in European markets, any importance as compared with the variety here described.

Henry H. Rushy.

MARDELA SPRINGS,-Wicomico County, Maryland.

Post-Office. - Mardela Springs. Hotel. This resort is located on the Baltimore, Chesapeake and Atlantic Railroad, twelve miles west of Saulsbury. Under the name of Barren Creek Springs they have been used for medicinal purposes for many years. There is much charming scenery in the neighborhood, and the atmospheric conditions during the summer months are of a very desirable character. The location is about two hundred feet above the sea-level. Messrs. Taylor and Bacon, of the springs, supply us with the following analysis by Prof. P. B. Wilson, of the Baltimore University

ONE UNITED STATES GALLON CONTAINS:

Solids.	Grains.
Silica	1.28
Arsenious acidStron	g trace
Ferric oxide (iron sesquioxide)	11.50
Alumina	.34
Sodium chloride	.78
Calcium carbonate	1.35
Magnesium carbonate	
Calcium sulphate	
Sodium carbonate	Trace
	17.00
Total	15.50

The water is a strong chalybeate. It is a very efficient tonic and diuretic, and contains sufficient arsenic to give it valuable alterative properties. It promotes the appetite, aids the digestion, and increases the general powers of nutrition. It is highly recommended by phyicians of Baltimore in cases of weakness and irritability of the bladder, anæmia, and chlorosis, dyspepsia, chronic cystitis, and urethritis, and in amenorrhea, leucorrhea, and other functional disorders of the female pelvic organs when due to debility. The water is found in the Baltimore markets.

MARIENBAD .- "This is a well-known Bohemian spa lying in a pleasant valley, surrounded by forest-covered hills, not far from Carlsbad. Its elevation is about 2,000 feet above the level of the sea. There are eight springs known as the Kreuz-, Ferdinands-, Carolinen-, and Ambrosius-Brunnen, and the Wald-, Wiesen-, Rudolfs-, and Marien-Quelle. Of these the most important are the two first mentioned. The following is the composition of four of the springs, according to analyses made at different times by different chemists. The proportions of the solid constituents are given in grams per litre.

	Kreuz- brunnen.	Ambrosius- brunnen.	Wald- quelle.	Rudolfs- quelle.
Sodium sulphate	3.873	0.275	1.06	0.11
Potassium sulphate	.054	****	.20	.02
Sodium chloride	1.237	.075	.37	.06
Sodium carbonate	.995	.115	1.00	.14
Calcium carbonate	.556	.270	.38	1.12
Magnesium carbonate			.40	.67
Aluminum carbonate	.405	.200		
Lithium carbonate	.005		****	
Strontium carbonate	.001	****	****	****
Ferrous carbonate	.040	.035	.02	.04
Manganous carbonate	Trace.		Trace.	.07
Aluminum and calcium phosphates	.001		****	.03
Silicic acid	.007	.050	.10	.01
ters, etc	Traces.	Traces.	Traces.	Traces
Total solid constituents	7.174	1.020	3.53	2.27

"The springs all contain a certain proportion of carbonic-acid gas. They are employed for the greater part internally. The Marienquelle, however, is used for bath-ing; it is very weak in solid constituents, containing only 0.182 part per thousand, but is pleasantly carbonated.

"The waters of Marienbad are prescribed in cases of abdominal plethora, gout, hemorrhoids, chronic dysentery, hepatic congestion, etc., occurring in well-to-do individuals accustomed to indulge rather freely in the pleasures of the table. They are also very useful in obesity, and are especially recommended in affections associated with the menopause. The waters of some of the springs have considerable reputation in the treatment of neuralgia and of chronic catarrhal troubles of the respiratory organs and bladder. Ordinary baths are not much employed, though gas- and mud-baths are made use of to some extent. The season at Marienbad lasts from the beginning of May to the beginning of October. The climate is not mild, yet not disagreeably raw. The waters are exported in very large quantities. This spa is much frequented, the average number of guests each year being 21,000."*

[Obesity is "the great specialty here," and corpulence stalks abroad on every hand. When one, however, has rid himself of his superabundant adipose tissue, great care must be paid to the diet, else the "too, too solid" fat will not remain melted. The accommodations are abundant and good; there is an English and Scotch church service, and there are over forty doctors. Marienbad is reached from London viâ Cologne, Nuremberg and Eger in thirty hours. - Edward O. Otis.]

MARIETTA. GEORGIA.—Situated in the northwestern part of the State, twenty miles from Atlanta, at an elevation of from 1,100 to 1,200 feet above sea-level. It is a town of some 3,384 inhabitants, with a dry sandy soil and an invigorating climate with a large proportion of sunny days. In 1888, there were 263 sunny days, and 102 rainy or cloudy days. For the same year the average minimum and maximum monthly temperatures, the extremes of temperature, and the rainfall were as follows for the months of October to May.

	Average minimum temperature of month. Degrees.	Average maximum temperature of month. Degrees.	Maximum temperature. Degrees.	Minimum temperature. Degrees.	Rainfall. Inches.
October November December January February March April May	49 44 34 36 40 39 52 57	64 58 49 49 54 58 73 74	77 75 64 72 69 77 82 85	37 26 18 12 10 19 42 41	3.93 4.38 4.97 3.10 4.00 9.81 1.68 5.13

The average yearly temperature is 57.66° F.

There are no humidity statistics known to the writer, but at Atlanta, twenty miles distant, the average relative humidity, as ascertained from observations taken at 8

A.M. and 8 P.M., is 71.8 per cent., with an average mean yearly temperature of 60.7° F.

It is said to be a breezy region, but there are no wind storms or fogs. Malaria does not exist here. There are two hotels, well kept, quiet, and comfortable, good boarding-houses, and a few houses for rent. The summer climate is also said to be "delightful," and the place is much resorted to at that season. Marietta is easily reached from New York and Washington viâ the Great Southern mail route. Edward 0, Otis.

MARJORUM. See Labiata.

MARKASOL is bismuth borophenate, an antiseptic usting powder. W. A. Bastedo. dusting powder.

* From the former edition of the HANDBOOK.