

In place of a nursing-bottle or spoon, I prefer a half pint mug with long lip. Rubber-nipples are to be rejected. If a spoon is used, use a silver one.

For wearing apparel take flannel next to the body from head to foot, with high neck and long sleeves, thick in winter and thin in summer.

A cool water bath may be given when needed, but in all infant bathing *never use soap*, egg water as simple pure water is all that is needed. (O. P. Baer, M. I., v. 5, p. 25.)

**Profuse Secretion of Watery Milk** which the child refuses to take. *Calc. carb.*<sup>30</sup>, every four hours, corrected flow and nature of the milk in a short time. (Gounard, Bulletin de la Soc. M. H., 1872; J. Pr., 1873, p. 138.)

### Spine.

**Spinal Irritation.** Excessive hyperæsthesia; a slight touch along the spine provokes spasmodic pains in the chest, and indescribable distress in the cardiac region; at times the heart feels as if twisted over; an intense pricking headache, as from thousands of needles, the body burned all over, headache better by *rubbing it against the pillow*; she trembled so she could hardly talk. Cured by *Tarant.*<sup>20</sup>. (E. A. Farrington.)

**Spinal Affection.** Mr. M., æt. 32, married, has hard, hoarse cough, with but little expectoration; pains nearly all over the front part of chest, worse from coughing and motion. For several years tenderness of lower cervical and upper dorsal spinous processes, with stiffness of neck; aggravation from every exertion or strain upon the spine; pressure upon the diseased portion of the spine produces pain there, as well as all through the chest, with irritation to cough. *Secal.* was given and removed all the chest symptoms in a few days. (M. I., v. 10, p. 633.)

**Spinal Curvature.** The spine from fifth to twelfth vertebra bent backwards, the lung dorsal muscles in this region atrophied. The patient, a boy, æt. 11, cannot stand erect, is bent forward, and supports his body by putting his hands upon his knees. On sitting upon a chair he supports himself by holding fast to the back of the chair, on sitting upon the floor his head sinks down upon his knees. His hair is thin, of slow growth; urethra reddened; belly enlarged (pot bellied); nose always stopped up. *Thuja*<sup>30</sup>, one

dose. A month after this much better; moves about more handily, and can sit erect in a chair for a short time, and then the improvement continued, but the restoration of the back to a normal state took about two years. (C. Kunkel, J. Pr., 1873, p. 169.)

*Calc. phosph.* Rhachitis and difficult dentition. (Schüssler, A. H. Z., v. 86, p. 82.)

**Coccydynia.** Burning, smarting, leucorrhœa, and painful uneasiness in the coccyx, relieved by standing, getting a great deal worse by the slightest movement, sitting or lying on the bed, or by the least pressure. Three doses of *Tarant.*<sup>20</sup>, every other day cured in three days. (A. A. Gonzales, Madrid.)

### Motory Apparatus.

**Rheumatic Fevers.** In the last months of 1872, rheumatic fevers were prevalent, and were characterized by the following symptoms: drawing, tearing pains in the limbs; worse at night, with constant change of position, worse in lying on the back; lame feeling in lower extremities; frequent desire to urinate; fever worse at night; vertigo, occipital pain; tension in nape of neck and between the shoulders; diarrhœa; erysipelas bulbosum, etc. *Rhus tox.* In those cases in which the 30th potency cured, it resulted as quickly as the 3d potency. In some cases, however, only the 3d gave relief. (C. Kunkel, J. Pr., 1873, p. 237.)

*Rheumatic Fever.* Mr. —, æt. 30. Two hundred and forty pounds; had quinsy first "from left to right tonsil." Cured with *Apis*. Within seven days has taken *Bryon.*, *Rhus tox.*, *Sulphur* and *Nitr. ac.*, each one dose. The profuse sweat of hippuric odor, which suggested *Nitr. ac.*, is now less, stiffness of limbs less, pulse soft, 120; much flatus, hard to expel; anus feels as if constricted; incarcerated flatulency below right side of diaphragm; respiration short and quick, worse from deep inspiration and talking, relieved by lying on affected spot, but pains compel him to lie on back; urine dark, cloudy sediment; from *cold water* stitching pains are worse in chest, even amounting to a kind of spasm; less when water is taken. (This symptom is an important indication to be found in Bönninghausen's small Repertory left out by Hempel.) Dr. Lippe prescribed *Thuja*<sup>20</sup>. (Reported by J. Heber Smith, N. E. M. G., Oct., 1873, p. 448.)

**Rheumatic Fever complicated with Epilepsy.** May 15th.

Miss H.; delirious all night; has severe headache; pain in neck and extremities; rheumatic fever; pulse 115; R. *Bellad.*<sup>3</sup>, and *Rhus tox.*<sup>3</sup>, every half hour.

May 16th. Better. Medicine continued. In the evening was called in haste; the heart had stopped beating; no pulse; unconscious; she soon rallied; since the A. M., the rheumatic pains had set in in the left foot, with erysipelatous redness on its dorsum, with great sensitiveness to touch; immediately before the "spell" the pain and redness in the foot disappeared, while the left hand and arm got numb; examination of the arm and hand showed real anæsthesia; R. *Laches.*<sup>8</sup>, every half hour. In fifteen minutes after taking the medicine the anæsthesia left the hand and arm, the pain and redness returning to the left foot. The next night the patient had a similar attack. The case was now given into allopathic hands.

July 1st, P. M., was called to the same patient. Found her in a severe epileptic fit which had lasted about an hour. The fit had set in with a violent scream; body bent, as in "trismus," aching from the hips to the head, both legs being drawn up. Rheumatic pain in left knee; cannot straighten leg; knee joint painful on pressure; R. *Laches.*<sup>8</sup>. Next morning no change. The next night found the patient in an epileptic fit. During the day the rheumatic pains had shifted from the left to the right knee; pain in the left, slight in the right, oppressive; both legs are contracted; R. *Laches.*<sup>20</sup> and *Pulsat.*<sup>20</sup>, in alternation. The next day found patient dressed and cured. (A. Putsch, H. M., Sept., 1873, p. 58.)

*Bryon.* Rheumatism with pain attended with numbness, ameliorated by lying on the affected part. (C. Preston, H. M., Jan., 1873, p. 296.)

*Cim. rac.* Muscular rheumatism, acute rheumatism with cardiac trouble; suits females better than males. Dysmenorrhœa, with nervous headache, great irritability, severe pain in back and through the hips, which passes down back of thighs. (*Pulsat.*, opposite). Chilliness precedes the discharge, and continues until it is well established; flow is scanty and slightly coagulated in persons who are disposed to rheumatism, or who are inclined to be irritable, peevish, and low spirited. Good in after pains, when there is too great sensitiveness to the pains. She complains of almost constant pain (*Bellad.*, pains intermit), restless, cannot sleep; dull pains in head, or severe pains in right side of head, back of orbit; suppression of lochia, or it is watery, mixed with small clots (*Bellad.*, large

clots); she dislikes to be moved; least noise aggravates her sufferings; womb does not seem to contract properly; great tenderness on pressure. Has cured several cases of headache where there was pain in right side back of orbit; pain is intense, and may be described as *agonizing*; dark spots appear before eyes; there is often stiffness of neck with nervous irritability; cannot bear pain without moaning. (Hunt, H. M., April, 1873, p. 446.)

**Actea as a Remedy for Rheumatism.** The rheumatic pains simulated by the action of *Actea* upon the healthy subject are neuralgic rather than inflammatory in character. The pain comes on suddenly. Sensation of muscular cramp and of dull, heavy, aching pain, radiating from the lower dorsal vertebra outwards and downwards. It is in muscular rheumatism that *Actea* is *a priori*, a remedy in rheumatism; especially in persons whose nervous systems have been more or less wrought upon by mental anxiety or physical exertion is it most serviceable. Such persons are liable to suffer from neuralgia in any form, and when it assumes that of neuralgia (relieved by rest and increased by movement, we may resort to *Actea* with much confidence. (A. C. Pope, M. H. R., v. 17, p. 217.)

**Rheumatism.** Severe rheumatic pain in the left shoulder and right hip-joint. It seemed as though *it would be impossible to raise the arm* but the effort *increased the pain very little*. The pain in the hip seemed to be in the posterior part of the acetabulum. *Carb. ac.*, three drops of 1st dec. dil., cured in two days. (E. C. Price, A. H. O., Sept., 1873, p. 470.)

*Rheumatism.* Rheumatic pain in the right shoulder. It does not pain to move the arm. *Carb. ac.* cured.

A young lady had *omodynia* last spring, affecting both deltoid muscles, for which she had taken *Bryon.*, *Rhus tox.* and various remedies without effect. I prescribed a single dose of *Ferrum*<sup>20</sup>, which very soon entirely relieved the pain, and she felt no more of it until this fall, when there was a recurrence of the rheumatism, but this time only in the left deltoid. When moving the arm the pain was violent and lancinating, causing her to cry out. Two doses of the same remedy completely relieved the *omodynia*, and there has been no return for nearly three weeks. (V. Miller, Trans. N. Y. S., 1872, p. 610.)

**Articular Rheumatism.** Worse from slightest motion. *Ferr. phosph.*, 4th trit., every three hours. Well in a few days. (A. Plate, A. H. Z., v. 72, p. 159.)

**Rheumatism.** Lacerating, jerking pains in lower extremities that seize the patient as soon as he falls asleep; irregular action of the heart and valvular murmur from rheumatic metastasis, with deadly pallor in face. *Laches.* (J. Heber Smith, N. E. M. G., July, 1873, p. 313.)

*Rhodod.* Miss M. W., chronic sufferer from rheumatism was seized about 6 p. m., with tearing, cramp-like drawing in the forearms as if in the periosteum, during wet cold weather; violent tearing, boring pain in left shoulder joint, with prickling in fingers; *Rhodod.*<sup>20</sup>, relieved. (J. Heber Smith, N. E. M. G., May, 1873, p. 220.)

*Rheumatism.* Acute. A lady, æt. 30, had chilliness with aching in the bones, followed by headache and high fever. Her tongue showed the red stripe (Searle). *Ver. vir.* was given as above. Cured in a few hours. (J. T. Greenleaf, A. O., May, 1873, p. 258.)

*Rheumatism.* R. G., æt. 35, had acute inflammatory rheumatism, with painful swelling of the knees and ankles, and high fever. The tongue showed a red streak through the centre, with a coating upon either edge. *Ver. vir.*, cured in three days. (H. M. Dayfoot, A. H. O., Sept., 1873, p. 468.)

**Lumbago.** Mrs. T., pains shooting from loins into nates; pulse weak, soft. *Kali carb.*<sup>20</sup>, one dose. Cured in twenty-four hours. Mr. W., lumbago. Must rise every morning at 3 o'clock; pains shoot down back of thighs. *Kali carb.*<sup>20</sup>, one dose. Cured in two days. (E. A. Farrington, N. E. M. G., March, 1873, p. 112.)

*Lumbago.* Was caused in a man by lifting, and had lasted three weeks. Was worse on getting warm in bed and on beginning to move. Cured in two days by *Rhus tox.*<sup>20</sup>, two doses. (J. T. Greenleaf, A. H. O., May, 1873, p. 258.)

**Punctured Wound.** A man ran a stitching-awl two and a half inches into right wrist; immediately the second and third fingers became numb; felt jarred; the least motion of the hand caused intense pain, almost to fainting; some swelling at the wrist; coldness of the fingers. Soon the whole left side became numb; the speech slightly thick; he complained of feeling faint and nauseated. *Staphis.* was given with no result. *Ledum*<sup>2x</sup>, two drops every hour, relieved after three doses had been given. Well in thirty-six hours. (J. G. Gilchrist, M. I., v. 10, p. 649.)

**Inflammation of Joint.** Second phalangeal articulation, second finger left hand, two months. Cured in five days. One dose *Silic.*<sup>40m</sup> (F.). (L. W. Whiting, N. E. M. G., Jan., 1872, p. 24.)

**Whitlow.** Right forefinger swollen, red, on its dorsum a large collection of pus beneath the skin; burning, itching, stinging, aching. *R. Silic.*<sup>5m</sup>, cured in five days. (T. B. Stowe, H. M., March, 1873, p. 353.)

**Finger-nail, Disease of.** The whole nail was black and rough; the matrix inflamed with soreness, throbbing and numbness, but no suppuration. The difficulty was much aggravated by the application of water, and when the finger pained her most, she had headache also. Her disease had existed seven years. *R. Graphit.*<sup>30m</sup>, one dose daily for one week, then omitted for a few days, brought great relief in six weeks. *Silic.*<sup>30</sup> was then given in the same way, and for one month. Afterward *Graphit.*<sup>20</sup> removed the last vestige of the disease.

**Rheumatism.** Boy, æt. 5, was taken with acute rheumatism, affecting the knees, ankles, wrists and fingers. They were much swollen and very painful; some general fever. The tongue exhibited the central red stripe (Searle) with coated edges. *R. Ver. vir.*, gtt. vi., in ʒ j. of water, a teaspoonful every two hours, was entirely cured in twenty-four hours. (E. Hasbrouck, A. M. O., May, 1873, p. 256.)

**Psoas Abscess.** S. Z., a boy, æt. 4, light hair and complexion, lymphatic temperament.

In December, 1872, patient's mother noticed an enlargement near the right inguinal region and below Poupart's ligament. Much medicine was taken by this patient, administered at the hands of an allopathic physician for a period of four months. The patient grew worse. The abscess was lanced and poulticed for a period of four months at varying intervals.

April 1st, 1874, I was summoned to the case, I observed the following: abdomen was large, weakness in the ankles, difficult stools, with no power to expel them, profuse sweat about the head. Gave *Silic.*<sup>20</sup>, one dose per diem, and *Sacc. lact.* every three hours during the day for one week.

After the second dose of the remedy mentioned the mother observed the child was better. In two weeks he could walk quite readily. At the expiration of the second week, a dose of *Silic.*<sup>5m</sup> was given. The abscess contracted, appetite returned, patient gained strength and has completely recovered. (J. Kimberling, O. M. and S. R., v. 7, No. 5.)

**Apparent Shortening of Left Leg.** Relief. *Caustic*<sup>20</sup> and 20th. (C. Wesselhœft, N. E. M. G., April, 1873, p. 163.)

**Acute Synovitis** of the knees, without thirst. *Apis*. (H. N. Martin, Proc. H. M. S., Penna., 1873.)

**Hydarthros Genu.** A blacksmith complains since six months, of pain in the right knee. The pain is worse when straining the knee; there is often a cracking in the joint when stretching the limb. Examination of the knee reveals exudation in the joint. Change of weather, and especially rain or storm increases the pain; when at rest there is no pain. *Sulphur, Silic.*, and again *Sulphur* during about two months, altered the character of the complaint in this way, that the pain was worse when commencing to move after rest; continued motion gradually diminished the pain. *Rhus. tox.*<sup>3</sup>, two drops four times a day. It soon commenced improving, and in a few weeks was entirely well. (L. Sulzer, A. H. Z., v. 87, p. 84.)

**Abscess of Ankle and Foot with Caries.** John D., æt. 34. Seven weeks previous, on a warm day, he sat with his feet in the water. The next day the glands of his neck became swollen and remained so but a few days. A large abscess then formed on the inside of right thigh, and at the same time the left ankle and foot swelled up with formation of pus.

Present condition: the abscess in the thigh is still discharging, and from five or six fistulous openings in the ankle and foot a large quantity of unhealthy pus is being discharged. The foot is enormously swollen and distorted. The general health is greatly impaired; hectic fever; pulse 130; appetite poor. The opinion was generally expressed that amputation would be the probable result.

The openings were enlarged by free incisions. The internal malleolus was found to be carious, and the tarsal bones were similarly affected.

*R. Silic.*<sup>2o</sup>, one dose a day, and apply warm poultices of linseed meal.

In two weeks there was marked improvement in the diseased member, and also in the general health. The abscess in the thigh had closed.

*R. Silic.*<sup>6m</sup>, one dose.

In four weeks more the swelling was almost gone and the discharge had ceased. There was, however, but slight motion in the ankle-joint. This was gradually improved, and when the man left the hospital several weeks later he could walk with a cane. It will probably be two or three months before he regains full use of the foot. (J. H. McClelland, H. M., March, 1873, p. 358.)

**In-growing Toe-nail.** Outer side of great toe, left foot. Cannot wear shoe nor use foot; outer side of toe inflamed so that nail is half hidden. A misstep followed by discharge of blood and pus. One drop *Magn. aust.*<sup>1m</sup>, with placebo was given. In ten days toe looked better, less sensitive; patient could wear shoe, and swelling nearly gone. Three powders of *Magn. aust.*<sup>1m</sup>, one to be taken each night, were given. In a few days that part of nail which had been buried under the flesh crumbled away, and the toe was perfectly well. No application was used, nor did the deformity return. (S. Swan, from Ballard, N. Y. J. H., June, 1873, p. 164.)

*In-growing Toe-nails.* Chappot applies *Plumb. nitr.* over the affected part. (N. A. J. H., v. 22, p. 137.)

*In-growing Toe-Nail.* Can be cured by slipping the end of a piece of thin silver plate under the edge of the nail, and bending the rest of the plate round the side and front of the toe; keep it in position with resin plaster. (Quoted by R. J. McClatchey, H. M., Sept., 1873, p. 89.)

**Gangrena Sicca** of the toe. *Ant. crud.* (H. N. Martin, Proc. H. M. S., Penna., 1873.)

*Sacc. lact.*<sup>2o</sup> relieved a (gouty?) pain in right toe with sometimes slight pains upwards in the right limb. (Eggert, N. A. J. H., v. 22, p. 259.)

## Nerves.

*Amb. gris.* (two doses dry). B. W., æt. 58, stout, florid, right side paralyzed for five years; walks with difficulty, dragging right foot; vertigo, with feeling of great weight on vertex for five years; worse after sleeping; sleepless after 1 A. M.; loss of memory; loss of sense of smell; numbness of right side; cold sweat on extremities, right foot colder than left; nausea in abdomen; has had much grief. *Ignat.*<sup>2o</sup>, *Conium*<sup>2o</sup>, *Veratr.*<sup>2o</sup>; little relief. *Ambra*<sup>2o</sup> removed pain in vertex, vertigo and nausea. (W. P. Wesselhœft, N. E. M. G., Feb., 1873, p. 54.)

Lady, æt. 58, suffered since many years with *rheumatic headache*. *Rhus tox.*, *Bryon.*, *Calc. carb.* did not relieve in any way. Since four years she cannot eat eggs or fish without painless diarrhœa setting in at once; she does not like cold water; is very sensitive to damp weather, and feels always chilly. Hydrogenoid constitution. *Chin. ars.*<sup>2</sup>, one dose, given every two hours. Headache gone